Schweizerischer Turnverband
Fédération suisse de gymnastique
Federazione svizzera di ginnastica

**Division encouragement du sport**
Domaine sports mesurables et jeux
Secteur Fit+Fun

# Barème Fit+Fun 2026 Concours de sociétés

| Discipline | | Dames | | | | | Hommes | | | | | Formule Mixte |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Formule | 10 P. | 7.5 P. | 5 P. | 0.1 P. | Formule | 10 P. | 7.5 P. | 5 P. | 0.1 P. | |
| **FF1, Tâche 1a** | dames/hommes | (d - 10) / 7.1 | 81 | 64 | 46 | 0.71 | (d - 9) / 8.9 | 98 | 76 | 54 | 0.89 | ((F * (d - 10) / 7.1) + (M * (d - 9) / 8.9)) / (F + M) |
| Football-Témoin | seniors | (d - 13) / 6.6 | 79 | 63 | 46 | 0.66 | (d - 12) / 7.9 | 91 | 72 | 52 | 0.79 | ((F * (d - 13) / 6.6) + (M * (d - 12) / 7.9)) / (F + M) |
| **FF1, Tâche 1b** | dames/hommes | (d + 21) / 18.4 | 163 | 117 | 71 | 1.84 | (d + 38) / 23 | 192 | 135 | 77 | 2.3 | ((F * (d + 21) / 18.4) + (M * (d + 38) / 23)) / (F + M) |
| Cerceau - Balles | seniors | (d + 37) / 16.4 | 127 | 86 | 45 | 1.64 | (d + 31) / 19.9 | 168 | 119 | 69 | 1.99 | ((F * (d + 37) / 16.4) + (M * (d + 31) / 19.9)) / (F + M) |
| **FF2, Tâche 2a** | dames/hommes | (d - 55) / 13.4 | 189 | 156 | 122 | 1.34 | (d - 42) / 18.8 | 230 | 183 | 136 | 1.88 | ((F * (d - 55) / 13.4) + (M * (d - 42) / 18.8)) / (F + M) |
| Planche - Anneaux en caoutchouc | seniors | (d - 56) / 11.4 | 170 | 142 | 113 | 1.14 | (d - 37) / 16.7 | 204 | 163 | 121 | 1.67 | ((F * (d - 56) / 11.4) + (M * (d - 37) / 16.7)) / (F + M) |
| **FF2, Tâche 2b** | dames/hommes | (d + 1) / 14.6 | 145 | 109 | 72 | 1.46 | (d + 28) / 21 | 182 | 130 | 77 | 2.1 | ((F * (d + 1) / 14.6) + (M * (d + 28) / 21)) / (F + M) |
| Balle en 8 | seniors | (d + 2) / 12 | 118 | 88 | 58 | 1.20 | (d + 43) / 20 | 157 | 107 | 57 | 2.00 | ((F * (d + 2) / 12) + (M * (d + 43) / 20)) / (F + M) |
| **FF3, Tâche 3a** | dames/hommes | (d - 47) / 11.6 | 163 | 134 | 105 | 1.16 | (d - 37) / 16.1 | 198 | 158 | 118 | 1.61 | ((F * (d - 47) / 11.6) + (M * (d - 37) / 16.1)) / (F + M) |
| Street Racket | seniors | (d - 48) / 9.8 | 146 | 122 | 97 | 0.98 | (d - 31) / 14.4 | 175 | 139 | 103 | 1.44 | ((F * (d - 48) / 9.8) + (M * (d - 31) / 14.4)) / (F + M) |
| **FF3, Tâche 3b** | dames/hommes | (d - 34) / 9.7 | 131 | 107 | 83 | 0.97 | (d - 31) / 12.2 | 153 | 123 | 92 | 1.22 | ((F * (d - 34) / 9.7) + (M * (d - 31) / 12.2)) / (F + M) |
| anneaux en caoutchouc-Intercross | seniors | (d - 2) / 12.1 | 123 | 93 | 63 | 1.21 | (d + 8) / 14.8 | 140 | 103 | 66 | 1.48 | ((F * (d - 2) / 12.1) + (M * (d + 8) / 14.8)) / (F + M) |

**Calcul des notes:** À prendre en considération les directives des tabelles de taxation.

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 1a / *Tâche 1a*
Fussball-Staffetenstab / *Football-Témoin*

Formel: ((F * (d - 10) / 7.1) + (M * (d - 9) / 8.9)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 3 Ti / 1 Tu<br>3 gf / 1 gm | 2 Ti / 2 Tu<br>2 gf / 2 gm | 1 Ti / 3 Tu<br>1 gf / 3 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|
| 98 | | | | | **10.00** |
| 97 | | | | | 9.89 |
| 96 | | | | | 9.78 |
| 95 | | | | | 9.66 |
| 94 | | | | | 9.55 |
| 93 | | | | **10.00** | 9.44 |
| 92 | | | | 9.88 | 9.33 |
| 91 | | | | 9.76 | 9.21 |
| 90 | | | | 9.64 | 9.10 |
| 89 | | | **10.00** | 9.52 | 8.99 |
| 88 | | | 9.93 | 9.40 | 8.88 |
| 87 | | | 9.80 | 9.28 | 8.76 |
| 86 | | | 9.68 | 9.16 | 8.65 |
| 85 | | **10.00** | 9.55 | 9.05 | 8.54 |
| 84 | | 9.92 | 9.42 | 8.93 | 8.43 |
| 83 | | 9.79 | 9.30 | 8.81 | 8.31 |
| 82 | | 9.66 | 9.17 | 8.69 | 8.20 |
| 81 | **10.00** | 9.52 | 9.04 | 8.57 | 8.09 |
| 80 | 9.86 | 9.39 | 8.92 | 8.45 | 7.98 |
| 79 | 9.72 | 9.26 | 8.79 | 8.33 | 7.87 |
| 78 | 9.58 | 9.12 | 8.67 | 8.21 | 7.75 |
| 77 | 9.44 | 8.99 | 8.54 | 8.09 | 7.64 |
| 76 | 9.30 | 8.85 | 8.41 | 7.97 | 7.53 |
| 75 | 9.15 | 8.72 | 8.29 | 7.85 | 7.42 |
| 74 | 9.01 | 8.59 | 8.16 | 7.73 | 7.30 |
| 73 | 8.87 | 8.45 | 8.03 | 7.61 | 7.19 |
| 72 | 8.73 | 8.32 | 7.91 | 7.49 | 7.08 |
| 71 | 8.59 | 8.19 | 7.78 | 7.37 | 6.97 |
| 70 | 8.45 | 8.05 | 7.65 | 7.25 | 6.85 |
| 69 | 8.31 | 7.92 | 7.53 | 7.13 | 6.74 |
| 68 | 8.17 | 7.78 | 7.40 | 7.01 | 6.63 |
| 67 | 8.03 | 7.65 | 7.27 | 6.89 | 6.52 |
| 66 | 7.89 | 7.52 | 7.15 | 6.78 | 6.40 |
| 65 | 7.75 | 7.38 | 7.02 | 6.66 | 6.29 |
| 64 | 7.61 | 7.25 | 6.89 | 6.54 | 6.18 |
| 63 | 7.46 | 7.12 | 6.77 | 6.42 | 6.07 |
| 62 | 7.32 | 6.98 | 6.64 | 6.30 | 5.96 |
| 61 | 7.18 | 6.85 | 6.51 | 6.18 | 5.84 |
| 60 | 7.04 | 6.71 | 6.39 | 6.06 | 5.73 |
| 59 | 6.90 | 6.58 | 6.26 | 5.94 | 5.62 |
| 58 | 6.76 | 6.45 | 6.13 | 5.82 | 5.51 |
| 57 | 6.62 | 6.31 | 6.01 | 5.70 | 5.39 |
| 56 | 6.48 | 6.18 | 5.88 | 5.58 | 5.28 |
| 55 | 6.34 | 6.05 | 5.75 | 5.46 | 5.17 |
| 54 | 6.20 | 5.91 | 5.63 | 5.34 | 5.06 |
| 53 | 6.06 | 5.78 | 5.50 | 5.22 | |
| 52 | 5.92 | 5.64 | 5.37 | 5.10 | |
| 51 | 5.77 | 5.51 | 5.25 | | |
| 50 | 5.63 | 5.38 | 5.12 | | |
| 49 | 5.49 | 5.24 | | | |
| 48 | 5.35 | 5.11 | | | |
| 47 | 5.21 | | | | |
| 46 | 5.07 | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 1b / *Tâche 1b*
Reif - Bälle / *Cerceau - Balles*

Formel: ((F * (d + 21) / 18.4) + (M * (d + 38) / 23)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte *Point s* | Damen *dames* | 5 Ti / 1 Tu 5 gf / 1 gm | 4 Ti / 2 Tu 4 gf / 2 gm | 3 Ti / 3 Tu 3 gf / 3 gm | 2 Ti / 4 Tu 2 gf / 4 gm | 1 Ti / 5 Tu 1 gf / 5 gm | Herren *hommes* |
|---|---|---|---|---|---|---|---|
| 192 | | | | | | | **10.00** |
| 191 | | | | | | | 9.96 |
| 190 | | | | | | | 9.91 |
| 189 | | | | | | | 9.87 |
| 188 | | | | | | | 9.83 |
| 187 | | | | | | **10.00** | 9.78 |
| 186 | | | | | | 9.99 | 9.74 |
| 185 | | | | | | 9.95 | 9.70 |
| 184 | | | | | | 9.90 | 9.65 |
| 183 | | | | | | 9.86 | 9.61 |
| 182 | | | | | | 9.81 | 9.57 |
| 181 | | | | | **10.00** | 9.76 | 9.52 |
| 180 | | | | | 9.96 | 9.72 | 9.48 |
| 179 | | | | | 9.91 | 9.67 | 9.43 |
| 178 | | | | | 9.87 | 9.63 | 9.39 |
| 177 | | | | | 9.82 | 9.58 | 9.35 |
| 176 | | | | **10.00** | 9.77 | 9.54 | 9.30 |
| 175 | | | | 9.96 | 9.72 | 9.49 | 9.26 |
| 174 | | | | 9.91 | 9.68 | 9.45 | 9.22 |
| 173 | | | | 9.86 | 9.63 | 9.40 | 9.17 |
| 172 | | | **10.00** | 9.81 | 9.58 | 9.36 | 9.13 |
| 171 | | | 9.99 | 9.76 | 9.54 | 9.31 | 9.09 |
| 170 | | | 9.93 | 9.71 | 9.49 | 9.27 | 9.04 |
| 169 | | | 9.88 | 9.66 | 9.44 | 9.22 | 9.00 |
| 168 | | | 9.83 | 9.61 | 9.39 | 9.18 | 8.96 |
| 167 | | **10.00** | 9.78 | 9.57 | 9.35 | 9.13 | 8.91 |
| 166 | | 9.95 | 9.73 | 9.52 | 9.30 | 9.09 | 8.87 |
| 165 | | 9.89 | 9.68 | 9.47 | 9.25 | 9.04 | 8.83 |
| 164 | | 9.84 | 9.63 | 9.42 | 9.21 | 8.99 | 8.78 |
| 163 | **10.00** | 9.79 | 9.58 | 9.37 | 9.16 | 8.95 | 8.74 |
| 162 | 9.95 | 9.74 | 9.53 | 9.32 | 9.11 | 8.90 | 8.70 |
| 161 | 9.89 | 9.68 | 9.48 | 9.27 | 9.07 | 8.86 | 8.65 |
| 160 | 9.84 | 9.63 | 9.43 | 9.22 | 9.02 | 8.81 | 8.61 |
| 159 | 9.78 | 9.58 | 9.38 | 9.17 | 8.97 | 8.77 | 8.57 |
| 158 | 9.73 | 9.53 | 9.33 | 9.13 | 8.92 | 8.72 | 8.52 |
| 157 | 9.67 | 9.47 | 9.28 | 9.08 | 8.88 | 8.68 | 8.48 |
| 156 | 9.62 | 9.42 | 9.22 | 9.03 | 8.83 | 8.63 | 8.43 |
| 155 | 9.57 | 9.37 | 9.17 | 8.98 | 8.78 | 8.59 | 8.39 |
| 154 | 9.51 | 9.32 | 9.12 | 8.93 | 8.74 | 8.54 | 8.35 |
| 153 | 9.46 | 9.26 | 9.07 | 8.88 | 8.69 | 8.50 | 8.30 |
| 152 | 9.40 | 9.21 | 9.02 | 8.83 | 8.64 | 8.45 | 8.26 |
| 151 | 9.35 | 9.16 | 8.97 | 8.78 | 8.59 | 8.41 | 8.22 |
| 150 | 9.29 | 9.11 | 8.92 | 8.73 | 8.55 | 8.36 | 8.17 |
| 149 | 9.24 | 9.05 | 8.87 | 8.68 | 8.50 | 8.32 | 8.13 |
| 148 | 9.18 | 9.00 | 8.82 | 8.64 | 8.45 | 8.27 | 8.09 |
| 147 | 9.13 | 8.95 | 8.77 | 8.59 | 8.41 | 8.22 | 8.04 |
| 146 | 9.08 | 8.90 | 8.72 | 8.54 | 8.36 | 8.18 | 8.00 |
| 145 | 9.02 | 8.84 | 8.67 | 8.49 | 8.31 | 8.13 | 7.96 |
| 144 | 8.97 | 8.79 | 8.62 | 8.44 | 8.26 | 8.09 | 7.91 |
| 143 | 8.91 | 8.74 | 8.57 | 8.39 | 8.22 | 8.04 | 7.87 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 1b / *Tâche 1b*
Reif - Bälle / *Cerceau - Balles*

Formel: ((F * (d + 21) / 18.4) + (M * (d + 38) / 23)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 142 | 8.86 | 8.69 | 8.51 | 8.34 | 8.17 | 8.00 | 7.83 |
| 141 | 8.80 | 8.63 | 8.46 | 8.29 | 8.12 | 7.95 | 7.78 |
| 140 | 8.75 | 8.58 | 8.41 | 8.24 | 8.08 | 7.91 | 7.74 |
| 139 | 8.70 | 8.53 | 8.36 | 8.20 | 8.03 | 7.86 | 7.70 |
| 138 | 8.64 | 8.48 | 8.31 | 8.15 | 7.98 | 7.82 | 7.65 |
| 137 | 8.59 | 8.42 | 8.26 | 8.10 | 7.93 | 7.77 | 7.61 |
| 136 | 8.53 | 8.37 | 8.21 | 8.05 | 7.89 | 7.73 | 7.57 |
| 135 | 8.48 | 8.32 | 8.16 | 8.00 | 7.84 | 7.68 | 7.52 |
| 134 | 8.42 | 8.27 | 8.11 | 7.95 | 7.79 | 7.64 | 7.48 |
| 133 | 8.37 | 8.21 | 8.06 | 7.90 | 7.75 | 7.59 | 7.43 |
| 132 | 8.32 | 8.16 | 8.01 | 7.85 | 7.70 | 7.55 | 7.39 |
| 131 | 8.26 | 8.11 | 7.96 | 7.80 | 7.65 | 7.50 | 7.35 |
| 130 | 8.21 | 8.06 | 7.91 | 7.76 | 7.61 | 7.45 | 7.30 |
| 129 | 8.15 | 8.00 | 7.86 | 7.71 | 7.56 | 7.41 | 7.26 |
| 128 | 8.10 | 7.95 | 7.80 | 7.66 | 7.51 | 7.36 | 7.22 |
| 127 | 8.04 | 7.90 | 7.75 | 7.61 | 7.46 | 7.32 | 7.17 |
| 126 | 7.99 | 7.85 | 7.70 | 7.56 | 7.42 | 7.27 | 7.13 |
| 125 | 7.93 | 7.79 | 7.65 | 7.51 | 7.37 | 7.23 | 7.09 |
| 124 | 7.88 | 7.74 | 7.60 | 7.46 | 7.32 | 7.18 | 7.04 |
| 123 | 7.83 | 7.69 | 7.55 | 7.41 | 7.28 | 7.14 | 7.00 |
| 122 | 7.77 | 7.64 | 7.50 | 7.36 | 7.23 | 7.09 | 6.96 |
| 121 | 7.72 | 7.58 | 7.45 | 7.32 | 7.18 | 7.05 | 6.91 |
| 120 | 7.66 | 7.53 | 7.40 | 7.27 | 7.13 | 7.00 | 6.87 |
| 119 | 7.61 | 7.48 | 7.35 | 7.22 | 7.09 | 6.96 | 6.83 |
| 118 | 7.55 | 7.43 | 7.30 | 7.17 | 7.04 | 6.91 | 6.78 |
| 117 | 7.50 | 7.37 | 7.25 | 7.12 | 6.99 | 6.87 | 6.74 |
| 116 | 7.45 | 7.32 | 7.20 | 7.07 | 6.95 | 6.82 | 6.70 |
| 115 | 7.39 | 7.27 | 7.14 | 7.02 | 6.90 | 6.78 | 6.65 |
| 114 | 7.34 | 7.22 | 7.09 | 6.97 | 6.85 | 6.73 | 6.61 |
| 113 | 7.28 | 7.16 | 7.04 | 6.92 | 6.80 | 6.68 | 6.57 |
| 112 | 7.23 | 7.11 | 6.99 | 6.88 | 6.76 | 6.64 | 6.52 |
| 111 | 7.17 | 7.06 | 6.94 | 6.83 | 6.71 | 6.59 | 6.48 |
| 110 | 7.12 | 7.01 | 6.89 | 6.78 | 6.66 | 6.55 | 6.43 |
| 109 | 7.07 | 6.95 | 6.84 | 6.73 | 6.62 | 6.50 | 6.39 |
| 108 | 7.01 | 6.90 | 6.79 | 6.68 | 6.57 | 6.46 | 6.35 |
| 107 | 6.96 | 6.85 | 6.74 | 6.63 | 6.52 | 6.41 | 6.30 |
| 106 | 6.90 | 6.80 | 6.69 | 6.58 | 6.47 | 6.37 | 6.26 |
| 105 | 6.85 | 6.74 | 6.64 | 6.53 | 6.43 | 6.32 | 6.22 |
| 104 | 6.79 | 6.69 | 6.59 | 6.48 | 6.38 | 6.28 | 6.17 |
| 103 | 6.74 | 6.64 | 6.54 | 6.43 | 6.33 | 6.23 | 6.13 |
| 102 | 6.68 | 6.59 | 6.49 | 6.39 | 6.29 | 6.19 | 6.09 |
| 101 | 6.63 | 6.53 | 6.43 | 6.34 | 6.24 | 6.14 | 6.04 |
| 100 | 6.58 | 6.48 | 6.38 | 6.29 | 6.19 | 6.10 | 6.00 |
| 99 | 6.52 | 6.43 | 6.33 | 6.24 | 6.14 | 6.05 | 5.96 |
| 98 | 6.47 | 6.38 | 6.28 | 6.19 | 6.10 | 6.01 | 5.91 |
| 97 | 6.41 | 6.32 | 6.23 | 6.14 | 6.05 | 5.96 | 5.87 |
| 96 | 6.36 | 6.27 | 6.18 | 6.09 | 6.00 | 5.91 | 5.83 |
| 95 | 6.30 | 6.22 | 6.13 | 6.04 | 5.96 | 5.87 | 5.78 |
| 94 | 6.25 | 6.16 | 6.08 | 5.99 | 5.91 | 5.82 | 5.74 |
| 93 | 6.20 | 6.11 | 6.03 | 5.95 | 5.86 | 5.78 | 5.70 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 1b / *Tâche 1b*
Reif - Bälle / *Cerceau - Balles*

Formel: ((F * (d + 21) / 18.4) + (M * (d + 38) / 23)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 92 | 6.14 | 6.06 | 5.98 | 5.90 | 5.82 | 5.73 | 5.65 |
| 91 | 6.09 | 6.01 | 5.93 | 5.85 | 5.77 | 5.69 | 5.61 |
| 90 | 6.03 | 5.95 | 5.88 | 5.80 | 5.72 | 5.64 | 5.57 |
| 89 | 5.98 | 5.90 | 5.83 | 5.75 | 5.67 | 5.60 | 5.52 |
| 88 | 5.92 | 5.85 | 5.78 | 5.70 | 5.63 | 5.55 | 5.48 |
| 87 | 5.87 | 5.80 | 5.72 | 5.65 | 5.58 | 5.51 | 5.43 |
| 86 | 5.82 | 5.74 | 5.67 | 5.60 | 5.53 | 5.46 | 5.39 |
| 85 | 5.76 | 5.69 | 5.62 | 5.55 | 5.49 | 5.42 | 5.35 |
| 84 | 5.71 | 5.64 | 5.57 | 5.51 | 5.44 | 5.37 | 5.30 |
| 83 | 5.65 | 5.59 | 5.52 | 5.46 | 5.39 | 5.33 | 5.26 |
| 82 | 5.60 | 5.53 | 5.47 | 5.41 | 5.34 | 5.28 | 5.22 |
| 81 | 5.54 | 5.48 | 5.42 | 5.36 | 5.30 | 5.24 | 5.17 |
| 80 | 5.49 | 5.43 | 5.37 | 5.31 | 5.25 | 5.19 | 5.13 |
| 79 | 5.43 | 5.38 | 5.32 | 5.26 | 5.20 | 5.14 | 5.09 |
| 78 | 5.38 | 5.32 | 5.27 | 5.21 | 5.16 | 5.10 | 5.04 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 2a / *Tâche 2a*
Brettball - Moosgummiring /
*Planche – Anneaux en caoutchouc*

Formel: ((F * (d - 55) / 13.4) + (M * (d - 42) / 18.8)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point*s | Damen<br>*dames* | 4 Ti / 1 Tu<br>4 gf / 1 gm | 3 Ti / 2 Tu<br>3 gf / 2 gm | 2 Ti / 3 Tu<br>2 gf / 3 gm | 1 Ti / 4 Tu<br>1 gf / 4 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|
| 230 | | | | | | **10.00** |
| 229 | | | | | | 9.95 |
| 228 | | | | | | 9.89 |
| 227 | | | | | | 9.84 |
| 226 | | | | | | 9.79 |
| 225 | | | | | | 9.73 |
| 224 | | | | | | 9.68 |
| 223 | | | | | | 9.63 |
| 222 | | | | | | 9.57 |
| 221 | | | | | | 9.52 |
| 220 | | | | | **10.00** | 9.47 |
| 219 | | | | | 9.98 | 9.41 |
| 218 | | | | | 9.92 | 9.36 |
| 217 | | | | | 9.86 | 9.31 |
| 216 | | | | | 9.81 | 9.26 |
| 215 | | | | | 9.75 | 9.20 |
| 214 | | | | | 9.69 | 9.15 |
| 213 | | | | | 9.63 | 9.10 |
| 212 | | | | | **9.58** | 9.04 |
| 211 | | | | **10.00** | 9.52 | 8.99 |
| 210 | | | | 9.99 | 9.46 | 8.94 |
| 209 | | | | 9.93 | 9.40 | 8.88 |
| 208 | | | | 9.87 | 9.35 | 8.83 |
| 207 | | | | 9.80 | 9.29 | 8.78 |
| 206 | | | | 9.74 | 9.23 | 8.72 |
| 205 | | | | 9.68 | 9.17 | 8.67 |
| 204 | | | | 9.62 | 9.12 | 8.62 |
| 203 | | | **10.00** | 9.56 | 9.06 | 8.56 |
| 202 | | | 9.99 | 9.49 | 9.00 | 8.51 |
| 201 | | | 9.92 | 9.43 | 8.95 | 8.46 |
| 200 | | | 9.85 | 9.37 | 8.89 | 8.40 |
| 199 | | | 9.79 | 9.31 | 8.83 | 8.35 |
| 198 | | | 9.72 | 9.25 | 8.77 | 8.30 |
| 197 | | | 9.66 | 9.19 | 8.72 | 8.24 |
| 196 | | **10.00** | 9.59 | 9.12 | 8.66 | 8.19 |
| 195 | | 9.99 | 9.52 | 9.06 | 8.60 | 8.14 |
| 194 | | 9.92 | 9.46 | 9.00 | 8.54 | 8.09 |
| 193 | | 9.85 | 9.39 | 8.94 | 8.49 | 8.03 |
| 192 | | 9.77 | 9.33 | 8.88 | 8.43 | 7.98 |
| 191 | | 9.70 | 9.26 | 8.82 | 8.37 | 7.93 |
| 190 | | 9.63 | 9.19 | 8.75 | 8.31 | 7.87 |
| 189 | **10.00** | 9.56 | 9.13 | 8.69 | 8.26 | 7.82 |
| 188 | 9.93 | 9.49 | 9.06 | 8.63 | 8.20 | 7.77 |
| 187 | 9.85 | 9.42 | 9.00 | 8.57 | 8.14 | 7.71 |
| 186 | 9.78 | 9.35 | 8.93 | 8.51 | 8.08 | 7.66 |
| 185 | 9.70 | 9.28 | 8.86 | 8.44 | 8.03 | 7.61 |
| 184 | 9.63 | 9.21 | 8.80 | 8.38 | 7.97 | 7.55 |
| 183 | 9.55 | 9.14 | 8.73 | 8.32 | 7.91 | 7.50 |
| 182 | 9.48 | 9.07 | 8.67 | 8.26 | 7.85 | 7.45 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 2a / *Tâche 2a*
Brettball - Moosgummiring /
*Planche – Anneaux en caoutchouc*

Formel: ((F * (d - 55) / 13.4) + (M * (d - 42) / 18.8)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point*s | Damen<br>*dames* | 4 Ti / 1 Tu<br>4 gf / 1 gm | 3 Ti / 2 Tu<br>3 gf / 2 gm | 2 Ti / 3 Tu<br>2 gf / 3 gm | 1 Ti / 4 Tu<br>1 gf / 4 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|
| 181 | 9.40 | 9.00 | 8.60 | 8.20 | 7.80 | 7.39 |
| 180 | 9.33 | 8.93 | 8.53 | 8.14 | 7.74 | 7.34 |
| 179 | 9.25 | 8.86 | 8.47 | 8.07 | 7.68 | 7.29 |
| 178 | 9.18 | 8.79 | 8.40 | 8.01 | 7.62 | 7.23 |
| 177 | 9.10 | 8.72 | 8.34 | 7.95 | 7.57 | 7.18 |
| 176 | 9.03 | 8.65 | 8.27 | 7.89 | 7.51 | 7.13 |
| 175 | 8.96 | 8.58 | 8.20 | 7.83 | 7.45 | 7.07 |
| 174 | 8.88 | 8.51 | 8.14 | 7.77 | 7.39 | 7.02 |
| 173 | 8.81 | 8.44 | 8.07 | 7.70 | 7.34 | 6.97 |
| 172 | 8.73 | 8.37 | 8.00 | 7.64 | 7.28 | 6.91 |
| 171 | 8.66 | 8.30 | 7.94 | 7.58 | 7.22 | 6.86 |
| 170 | 8.58 | 8.23 | 7.87 | 7.52 | 7.16 | 6.81 |
| 169 | 8.51 | 8.16 | 7.81 | 7.46 | 7.11 | 6.76 |
| 168 | 8.43 | 8.09 | 7.74 | 7.39 | 7.05 | 6.70 |
| 167 | 8.36 | 8.02 | 7.67 | 7.33 | 6.99 | 6.65 |
| 166 | 8.28 | 7.95 | 7.61 | 7.27 | 6.93 | 6.60 |
| 165 | 8.21 | 7.88 | 7.54 | 7.21 | 6.88 | 6.54 |
| 164 | 8.13 | 7.81 | 7.48 | 7.15 | 6.82 | 6.49 |
| 163 | 8.06 | 7.73 | 7.41 | 7.09 | 6.76 | 6.44 |
| 162 | 7.99 | 7.66 | 7.34 | 7.02 | 6.70 | 6.38 |
| 161 | 7.91 | 7.59 | 7.28 | 6.96 | 6.65 | 6.33 |
| 160 | 7.84 | 7.52 | 7.21 | 6.90 | 6.59 | 6.28 |
| 159 | 7.76 | 7.45 | 7.15 | 6.84 | 6.53 | 6.22 |
| 158 | 7.69 | 7.38 | 7.08 | 6.78 | 6.47 | 6.17 |
| 157 | 7.61 | 7.31 | 7.01 | 6.71 | 6.42 | 6.12 |
| 156 | 7.54 | 7.24 | 6.95 | 6.65 | 6.36 | 6.06 |
| 155 | 7.46 | 7.17 | 6.88 | 6.59 | 6.30 | 6.01 |
| 154 | 7.39 | 7.10 | 6.82 | 6.53 | 6.24 | 5.96 |
| 153 | 7.31 | 7.03 | 6.75 | 6.47 | 6.19 | 5.90 |
| 152 | 7.24 | 6.96 | 6.68 | 6.41 | 6.13 | 5.85 |
| 151 | 7.16 | 6.89 | 6.62 | 6.34 | 6.07 | 5.80 |
| 150 | 7.09 | 6.82 | 6.55 | 6.28 | 6.01 | 5.74 |
| 149 | 7.01 | 6.75 | 6.49 | 6.22 | 5.96 | 5.69 |
| 148 | 6.94 | 6.68 | 6.42 | 6.16 | 5.90 | 5.64 |
| 147 | 6.87 | 6.61 | 6.35 | 6.10 | 5.84 | 5.59 |
| 146 | 6.79 | 6.54 | 6.29 | 6.04 | 5.78 | 5.53 |
| 145 | 6.72 | 6.47 | 6.22 | 5.97 | 5.73 | 5.48 |
| 144 | 6.64 | 6.40 | 6.16 | 5.91 | 5.67 | 5.43 |
| 143 | 6.57 | 6.33 | 6.09 | 5.85 | 5.61 | 5.37 |
| 142 | 6.49 | 6.26 | 6.02 | 5.79 | 5.55 | 5.32 |
| 141 | 6.42 | 6.19 | 5.96 | 5.73 | 5.50 | 5.27 |
| 140 | 6.34 | 6.12 | 5.89 | 5.66 | 5.44 | 5.21 |
| 139 | 6.27 | 6.05 | 5.83 | 5.60 | 5.38 | 5.16 |
| 138 | 6.19 | 5.98 | 5.76 | 5.54 | 5.32 | 5.11 |
| 137 | 6.12 | 5.91 | 5.69 | 5.48 | 5.27 | 5.05 |
| 136 | 6.04 | 5.84 | 5.63 | 5.42 | 5.21 | 5.00 |
| 135 | 5.97 | 5.77 | 5.56 | 5.36 | 5.15 | |
| 134 | 5.90 | 5.70 | 5.49 | 5.29 | 5.09 | |
| 133 | 5.82 | 5.62 | 5.43 | 5.23 | 5.04 | |
| 132 | 5.75 | 5.55 | 5.36 | 5.17 | | |
| 131 | 5.67 | 5.48 | 5.30 | 5.11 | | |
| 130 | 5.60 | 5.41 | 5.23 | 5.05 | | |
| 129 | 5.52 | 5.34 | 5.16 | | | |
| 128 | 5.45 | 5.27 | 5.10 | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 2a / *Tâche 2a*
Brettball - Moosgummiring /
*Planche – Anneaux en caoutchouc*

Formel: ((F * (d - 55) / 13.4) + (M * (d - 42) / 18.8)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point*s | Damen<br>*dames* | 4 Ti / 1 Tu<br>4 gf / 1 gm | 3 Ti / 2 Tu<br>3 gf / 2 gm | 2 Ti / 3 Tu<br>2 gf / 3 gm | 1 Ti / 4 Tu<br>1 gf / 4 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|
| 127 | 5.37 | 5.20 | 5.03 | | | |
| 126 | 5.30 | 5.13 | | | | |
| 125 | 5.22 | 5.06 | | | | |
| 124 | 5.15 | | | | | |
| 123 | 5.07 | | | | | |
| 122 | 5.00 | | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 2b / *Tâche 2b*
8er-Ball / *8 ballons*

Formel: ((F * (d + 1) / 14.6) + (M * (d + 28) / 21)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 182 | | | | | | | **10.00** |
| 181 | | | | | | | 9.95 |
| 180 | | | | | | | 9.90 |
| 179 | | | | | | | 9.86 |
| 178 | | | | | | | 9.81 |
| 177 | | | | | | | 9.76 |
| 176 | | | | | | | 9.71 |
| 175 | | | | | | | 9.67 |
| 174 | | | | | | **10.00** | 9.62 |
| 173 | | | | | | 9.96 | 9.57 |
| 172 | | | | | | 9.91 | 9.52 |
| 171 | | | | | | 9.86 | 9.48 |
| 170 | | | | | | 9.81 | 9.43 |
| 169 | | | | | | 9.76 | 9.38 |
| 168 | | | | | | 9.71 | 9.33 |
| 167 | | | | | **10.00** | 9.66 | 9.29 |
| 166 | | | | | 9.97 | 9.60 | 9.24 |
| 165 | | | | | 9.92 | 9.55 | 9.19 |
| 164 | | | | | 9.86 | 9.50 | 9.14 |
| 163 | | | | | 9.81 | 9.45 | 9.10 |
| 162 | | | | | 9.75 | 9.40 | 9.05 |
| 161 | | | | **10.00** | 9.70 | 9.35 | 9.00 |
| 160 | | | | 9.99 | 9.64 | 9.30 | 8.95 |
| 159 | | | | 9.93 | 9.59 | 9.25 | 8.90 |
| 158 | | | | 9.87 | 9.53 | 9.20 | 8.86 |
| 157 | | | | 9.82 | 9.48 | 9.14 | 8.81 |
| 156 | | | | 9.76 | 9.43 | 9.09 | 8.76 |
| 155 | | | **10.00** | 9.70 | 9.37 | 9.04 | 8.71 |
| 154 | | | 9.97 | 9.64 | 9.32 | 8.99 | 8.67 |
| 153 | | | 9.90 | 9.58 | 9.26 | 8.94 | 8.62 |
| 152 | | | 9.84 | 9.53 | 9.21 | 8.89 | 8.57 |
| 151 | | | 9.78 | 9.47 | 9.15 | 8.84 | 8.52 |
| 150 | | **10.00** | 9.72 | 9.41 | 9.10 | 8.79 | 8.48 |
| 149 | | 9.97 | 9.66 | 9.35 | 9.04 | 8.74 | 8.43 |
| 148 | | 9.90 | 9.60 | 9.29 | 8.99 | 8.69 | 8.38 |
| 147 | | 9.84 | 9.54 | 9.24 | 8.93 | 8.63 | 8.33 |
| 146 | | 9.77 | 9.47 | 9.18 | 8.88 | 8.58 | 8.29 |
| 145 | **10.00** | 9.71 | 9.41 | 9.12 | 8.83 | 8.53 | 8.24 |
| 144 | 9.93 | 9.64 | 9.35 | 9.06 | 8.77 | 8.48 | 8.19 |
| 143 | 9.86 | 9.58 | 9.29 | 9.00 | 8.72 | 8.43 | 8.14 |
| 142 | 9.79 | 9.51 | 9.23 | 8.94 | 8.66 | 8.38 | 8.10 |
| 141 | 9.73 | 9.45 | 9.17 | 8.89 | 8.61 | 8.33 | 8.05 |
| 140 | 9.66 | 9.38 | 9.11 | 8.83 | 8.55 | 8.28 | 8.00 |
| 139 | 9.59 | 9.32 | 9.04 | 8.77 | 8.50 | 8.23 | 7.95 |
| 138 | 9.52 | 9.25 | 8.98 | 8.71 | 8.44 | 8.17 | 7.90 |
| 137 | 9.45 | 9.19 | 8.92 | 8.65 | 8.39 | 8.12 | 7.86 |
| 136 | 9.38 | 9.12 | 8.86 | 8.60 | 8.33 | 8.07 | 7.81 |
| 135 | 9.32 | 9.06 | 8.80 | 8.54 | 8.28 | 8.02 | 7.76 |
| 134 | 9.25 | 8.99 | 8.74 | 8.48 | 8.23 | 7.97 | 7.71 |
| 133 | 9.18 | 8.93 | 8.67 | 8.42 | 8.17 | 7.92 | 7.67 |
| 132 | 9.11 | 8.86 | 8.61 | 8.36 | 8.12 | 7.87 | 7.62 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 2b / *Tâche 2b*
8er-Ball / *8 ballons*

Formel: ((F * (d + 1) / 14.6) + (M * (d + 28) / 21)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte *Points* | Damen *dames* | 5 Ti / 1 Tu 5 gf / 1 gm | 4 Ti / 2 Tu 4 gf / 2 gm | 3 Ti / 3 Tu 3 gf / 3 gm | 2 Ti / 4 Tu 2 gf / 4 gm | 1 Ti / 5 Tu 1 gf / 5 gm | Herren *hommes* |
|---|---|---|---|---|---|---|---|
| 131 | 9.04 | 8.80 | 8.55 | 8.31 | 8.06 | 7.82 | 7.57 |
| 130 | 8.97 | 8.73 | 8.49 | 8.25 | 8.01 | 7.77 | 7.52 |
| 129 | 8.90 | 8.67 | 8.43 | 8.19 | 7.95 | 7.71 | 7.48 |
| 128 | 8.84 | 8.60 | 8.37 | 8.13 | 7.90 | 7.66 | 7.43 |
| 127 | 8.77 | 8.54 | 8.31 | 8.07 | 7.84 | 7.61 | 7.38 |
| 126 | 8.70 | 8.47 | 8.24 | 8.02 | 7.79 | 7.56 | 7.33 |
| 125 | 8.63 | 8.41 | 8.18 | 7.96 | 7.73 | 7.51 | 7.29 |
| 124 | 8.56 | 8.34 | 8.12 | 7.90 | 7.68 | 7.46 | 7.24 |
| 123 | 8.49 | 8.28 | 8.06 | 7.84 | 7.62 | 7.41 | 7.19 |
| 122 | 8.42 | 8.21 | 8.00 | 7.78 | 7.57 | 7.36 | 7.14 |
| 121 | 8.36 | 8.15 | 7.94 | 7.73 | 7.52 | 7.31 | 7.10 |
| 120 | 8.29 | 8.08 | 7.87 | 7.67 | 7.46 | 7.25 | 7.05 |
| 119 | 8.22 | 8.02 | 7.81 | 7.61 | 7.41 | 7.20 | 7.00 |
| 118 | 8.15 | 7.95 | 7.75 | 7.55 | 7.35 | 7.15 | 6.95 |
| 117 | 8.08 | 7.89 | 7.69 | 7.49 | 7.30 | 7.10 | 6.90 |
| 116 | 8.01 | 7.82 | 7.63 | 7.44 | 7.24 | 7.05 | 6.86 |
| 115 | 7.95 | 7.76 | 7.57 | 7.38 | 7.19 | 7.00 | 6.81 |
| 114 | 7.88 | 7.69 | 7.51 | 7.32 | 7.13 | 6.95 | 6.76 |
| 113 | 7.81 | 7.63 | 7.44 | 7.26 | 7.08 | 6.90 | 6.71 |
| 112 | 7.74 | 7.56 | 7.38 | 7.20 | 7.02 | 6.85 | 6.67 |
| 111 | 7.67 | 7.50 | 7.32 | 7.15 | 6.97 | 6.79 | 6.62 |
| 110 | 7.60 | 7.43 | 7.26 | 7.09 | 6.92 | 6.74 | 6.57 |
| 109 | 7.53 | 7.37 | 7.20 | 7.03 | 6.86 | 6.69 | 6.52 |
| 108 | 7.47 | 7.30 | 7.14 | 6.97 | 6.81 | 6.64 | 6.48 |
| 107 | 7.40 | 7.24 | 7.07 | 6.91 | 6.75 | 6.59 | 6.43 |
| 106 | 7.33 | 7.17 | 7.01 | 6.85 | 6.70 | 6.54 | 6.38 |
| 105 | 7.26 | 7.11 | 6.95 | 6.80 | 6.64 | 6.49 | 6.33 |
| 104 | 7.19 | 7.04 | 6.89 | 6.74 | 6.59 | 6.44 | 6.29 |
| 103 | 7.12 | 6.98 | 6.83 | 6.68 | 6.53 | 6.39 | 6.24 |
| 102 | 7.05 | 6.91 | 6.77 | 6.62 | 6.48 | 6.33 | 6.19 |
| 101 | 6.99 | 6.85 | 6.71 | 6.56 | 6.42 | 6.28 | 6.14 |
| 100 | 6.92 | 6.78 | 6.64 | 6.51 | 6.37 | 6.23 | 6.10 |
| 99 | 6.85 | 6.72 | 6.58 | 6.45 | 6.31 | 6.18 | 6.05 |
| 98 | 6.78 | 6.65 | 6.52 | 6.39 | 6.26 | 6.13 | 6.00 |
| 97 | 6.71 | 6.59 | 6.46 | 6.33 | 6.21 | 6.08 | 5.95 |
| 96 | 6.64 | 6.52 | 6.40 | 6.27 | 6.15 | 6.03 | 5.90 |
| 95 | 6.58 | 6.46 | 6.34 | 6.22 | 6.10 | 5.98 | 5.86 |
| 94 | 6.51 | 6.39 | 6.27 | 6.16 | 6.04 | 5.93 | 5.81 |
| 93 | 6.44 | 6.33 | 6.21 | 6.10 | 5.99 | 5.87 | 5.76 |
| 92 | 6.37 | 6.26 | 6.15 | 6.04 | 5.93 | 5.82 | 5.71 |
| 91 | 6.30 | 6.20 | 6.09 | 5.98 | 5.88 | 5.77 | 5.67 |
| 90 | 6.23 | 6.13 | 6.03 | 5.93 | 5.82 | 5.72 | 5.62 |
| 89 | 6.16 | 6.07 | 5.97 | 5.87 | 5.77 | 5.67 | 5.57 |
| 88 | 6.10 | 6.00 | 5.91 | 5.81 | 5.71 | 5.62 | 5.52 |
| 87 | 6.03 | 5.94 | 5.84 | 5.75 | 5.66 | 5.57 | 5.48 |
| 86 | 5.96 | 5.87 | 5.78 | 5.69 | 5.61 | 5.52 | 5.43 |
| 85 | 5.89 | 5.81 | 5.72 | 5.64 | 5.55 | 5.47 | 5.38 |
| 84 | 5.82 | 5.74 | 5.66 | 5.58 | 5.50 | 5.41 | 5.33 |
| 83 | 5.75 | 5.68 | 5.60 | 5.52 | 5.44 | 5.36 | 5.29 |
| 82 | 5.68 | 5.61 | 5.54 | 5.46 | 5.39 | 5.31 | 5.24 |
| 81 | 5.62 | 5.55 | 5.47 | 5.40 | 5.33 | 5.26 | 5.19 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 2b / *Tâche 2b*
8er-Ball / *8 ballons*

Formel: ((F * (d + 1) / 14.6) + (M * (d + 28) / 21)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 80 | 5.55 | 5.48 | 5.41 | 5.35 | 5.28 | 5.21 | 5.14 |
| 79 | 5.48 | 5.42 | 5.35 | 5.29 | 5.22 | 5.16 | 5.10 |
| 78 | 5.41 | 5.35 | 5.29 | 5.23 | 5.17 | 5.11 | 5.05 |
| 77 | 5.34 | 5.29 | 5.23 | 5.17 | 5.11 | 5.06 | 5.00 |
| 76 | 5.27 | 5.22 | 5.17 | 5.11 | 5.06 | 5.01 | |
| 75 | 5.21 | 5.16 | 5.11 | 5.06 | 5.01 | | |
| 74 | 5.14 | 5.09 | 5.04 | 5.00 | | | |
| 73 | 5.07 | 5.03 | | | | | |
| 72 | 5.00 | | | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 3a / *Tâche 3a*
Street Racket

Formel: ((F * (d - 47) / 11.6) + (M * (d - 37) / 16.1)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 198 | | | | | | | **10.00** |
| 197 | | | | | | | 9.94 |
| 196 | | | | | | | 9.88 |
| 195 | | | | | | | 9.81 |
| 194 | | | | | | | 9.75 |
| 193 | | | | | | | 9.69 |
| 192 | | | | | | | 9.63 |
| 191 | | | | | | **10.00** | 9.57 |
| 190 | | | | | | 9.97 | 9.50 |
| 189 | | | | | | 9.91 | 9.44 |
| 188 | | | | | | 9.84 | 9.38 |
| 187 | | | | | | 9.78 | 9.32 |
| 186 | | | | | | 9.71 | 9.25 |
| 185 | | | | | | 9.64 | 9.19 |
| 184 | | | | | **10.00** | 9.58 | 9.13 |
| 183 | | | | | 9.95 | 9.51 | 9.07 |
| 182 | | | | | 9.88 | 9.44 | 9.01 |
| 181 | | | | | 9.81 | 9.38 | 8.94 |
| 180 | | | | | 9.74 | 9.31 | 8.88 |
| 179 | | | | | 9.67 | 9.25 | 8.82 |
| 178 | | | | **10.00** | 9.60 | 9.18 | 8.76 |
| 177 | | | | 9.95 | 9.53 | 9.11 | 8.70 |
| 176 | | | | 9.88 | 9.46 | 9.05 | 8.63 |
| 175 | | | | 9.80 | 9.39 | 8.98 | 8.57 |
| 174 | | | | 9.73 | 9.32 | 8.92 | 8.51 |
| 173 | | | **10.00** | 9.65 | 9.25 | 8.85 | 8.45 |
| 172 | | | 9.98 | 9.58 | 9.18 | 8.78 | 8.39 |
| 171 | | | 9.90 | 9.51 | 9.11 | 8.72 | 8.32 |
| 170 | | | 9.82 | 9.43 | 9.04 | 8.65 | 8.26 |
| 169 | | | 9.74 | 9.36 | 8.97 | 8.59 | 8.20 |
| 168 | | **10.00** | 9.67 | 9.28 | 8.90 | 8.52 | 8.14 |
| 167 | | 9.97 | 9.59 | 9.21 | 8.83 | 8.45 | 8.07 |
| 166 | | 9.88 | 9.51 | 9.14 | 8.76 | 8.39 | 8.01 |
| 165 | | 9.80 | 9.43 | 9.06 | 8.69 | 8.32 | 7.95 |
| 164 | | 9.72 | 9.35 | 8.99 | 8.62 | 8.25 | 7.89 |
| 163 | **10.00** | 9.64 | 9.28 | 8.91 | 8.55 | 8.19 | 7.83 |
| 162 | 9.91 | 9.56 | 9.20 | 8.84 | 8.48 | 8.12 | 7.76 |
| 161 | 9.83 | 9.47 | 9.12 | 8.76 | 8.41 | 8.06 | 7.70 |
| 160 | 9.74 | 9.39 | 9.04 | 8.69 | 8.34 | 7.99 | 7.64 |
| 159 | 9.66 | 9.31 | 8.96 | 8.62 | 8.27 | 7.92 | 7.58 |
| 158 | 9.57 | 9.23 | 8.88 | 8.54 | 8.20 | 7.86 | 7.52 |
| 157 | 9.48 | 9.14 | 8.81 | 8.47 | 8.13 | 7.79 | 7.45 |
| 156 | 9.40 | 9.06 | 8.73 | 8.39 | 8.06 | 7.73 | 7.39 |
| 155 | 9.31 | 8.98 | 8.65 | 8.32 | 7.99 | 7.66 | 7.33 |
| 154 | 9.22 | 8.90 | 8.57 | 8.25 | 7.92 | 7.59 | 7.27 |
| 153 | 9.14 | 8.82 | 8.49 | 8.17 | 7.85 | 7.53 | 7.20 |
| 152 | 9.05 | 8.73 | 8.42 | 8.10 | 7.78 | 7.46 | 7.14 |
| 151 | 8.97 | 8.65 | 8.34 | 8.02 | 7.71 | 7.39 | 7.08 |
| 150 | 8.88 | 8.57 | 8.26 | 7.95 | 7.64 | 7.33 | 7.02 |
| 149 | 8.79 | 8.49 | 8.18 | 7.87 | 7.57 | 7.26 | 6.96 |
| 148 | 8.71 | 8.40 | 8.10 | 7.80 | 7.50 | 7.20 | 6.89 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 3a / *Tâche 3a*
Street Racket

Formel: ((F * (d - 47) / 11.6) + (M * (d - 37) / 16.1)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 147 | 8.62 | 8.32 | 8.02 | 7.73 | 7.43 | 7.13 | 6.83 |
| 146 | 8.53 | 8.24 | 7.95 | 7.65 | 7.36 | 7.06 | 6.77 |
| 145 | 8.45 | 8.16 | 7.87 | 7.58 | 7.29 | 7.00 | 6.71 |
| 144 | 8.36 | 8.08 | 7.79 | 7.50 | 7.22 | 6.93 | 6.65 |
| 143 | 8.28 | 7.99 | 7.71 | 7.43 | 7.15 | 6.87 | 6.58 |
| 142 | 8.19 | 7.91 | 7.63 | 7.36 | 7.08 | 6.80 | 6.52 |
| 141 | 8.10 | 7.83 | 7.56 | 7.28 | 7.01 | 6.73 | 6.46 |
| 140 | 8.02 | 7.75 | 7.48 | 7.21 | 6.94 | 6.67 | 6.40 |
| 139 | 7.93 | 7.67 | 7.40 | 7.13 | 6.87 | 6.60 | 6.34 |
| 138 | 7.84 | 7.58 | 7.32 | 7.06 | 6.80 | 6.54 | 6.27 |
| 137 | 7.76 | 7.50 | 7.24 | 6.98 | 6.73 | 6.47 | 6.21 |
| 136 | 7.67 | 7.42 | 7.16 | 6.91 | 6.66 | 6.40 | 6.15 |
| 135 | 7.59 | 7.34 | 7.09 | 6.84 | 6.59 | 6.34 | 6.09 |
| 134 | 7.50 | 7.25 | 7.01 | 6.76 | 6.52 | 6.27 | 6.02 |
| 133 | 7.41 | 7.17 | 6.93 | 6.69 | 6.45 | 6.20 | 5.96 |
| 132 | 7.33 | 7.09 | 6.85 | 6.61 | 6.38 | 6.14 | 5.90 |
| 131 | 7.24 | 7.01 | 6.77 | 6.54 | 6.31 | 6.07 | 5.84 |
| 130 | 7.16 | 6.93 | 6.70 | 6.47 | 6.24 | 6.01 | 5.78 |
| 129 | 7.07 | 6.84 | 6.62 | 6.39 | 6.17 | 5.94 | 5.71 |
| 128 | 6.98 | 6.76 | 6.54 | 6.32 | 6.10 | 5.87 | 5.65 |
| 127 | 6.90 | 6.68 | 6.46 | 6.24 | 6.03 | 5.81 | 5.59 |
| 126 | 6.81 | 6.60 | 6.38 | 6.17 | 5.96 | 5.74 | 5.53 |
| 125 | 6.72 | 6.51 | 6.30 | 6.09 | 5.89 | 5.68 | 5.47 |
| 124 | 6.64 | 6.43 | 6.23 | 6.02 | 5.82 | 5.61 | 5.40 |
| 123 | 6.55 | 6.35 | 6.15 | 5.95 | 5.74 | 5.54 | 5.34 |
| 122 | 6.47 | 6.27 | 6.07 | 5.87 | 5.67 | 5.48 | 5.28 |
| 121 | 6.38 | 6.19 | 5.99 | 5.80 | 5.60 | 5.41 | 5.22 |
| 120 | 6.29 | 6.10 | 5.91 | 5.72 | 5.53 | 5.34 | 5.16 |
| 119 | 6.21 | 6.02 | 5.84 | 5.65 | 5.46 | 5.28 | 5.09 |
| 118 | 6.12 | 5.94 | 5.76 | 5.58 | 5.39 | 5.21 | 5.03 |
| 117 | 6.03 | 5.86 | 5.68 | 5.50 | 5.32 | 5.15 | |
| 116 | 5.95 | 5.77 | 5.60 | 5.43 | 5.25 | 5.08 | |
| 115 | 5.86 | 5.69 | 5.52 | 5.35 | 5.18 | 5.01 | |
| 114 | 5.78 | 5.61 | 5.44 | 5.28 | 5.11 | | |
| 113 | 5.69 | 5.53 | 5.37 | 5.21 | 5.04 | | |
| 112 | 5.60 | 5.45 | 5.29 | 5.13 | | | |
| 111 | 5.52 | 5.36 | 5.21 | 5.06 | | | |
| 110 | 5.43 | 5.28 | 5.13 | | | | |
| 109 | 5.34 | 5.20 | 5.05 | | | | |
| 108 | 5.26 | 5.12 | | | | | |
| 107 | 5.17 | 5.03 | | | | | |
| 106 | 5.09 | | | | | | |
| 105 | 5.00 | | | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer *dames/hommes*

## Aufgabe 3b / *Tâche 3b*
Moosgummi-Intercross / *anneaux en caoutchouc-Intercross*

Formel: ((F * (d - 34) / 9.7) + (M * (d - 31) / 12.2)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte *Points* | Damen *dames* | 5 Ti / 1 Tu 5 gf / 1 gm | 4 Ti / 2 Tu 4 gf / 2 gm | 3 Ti / 3 Tu 3 gf / 3 gm | 2 Ti / 4 Tu 2 gf / 4 gm | 1 Ti / 5 Tu 1 gf / 5 gm | Herren *hommes* |
|---|---|---|---|---|---|---|---|
| 153 | | | | | | | **10.00** |
| 152 | | | | | | | 9.92 |
| 151 | | | | | | | 9.84 |
| 150 | | | | | | | 9.75 |
| 149 | | | | | | **10.00** | 9.67 |
| 148 | | | | | | 9.95 | 9.59 |
| 147 | | | | | | 9.87 | 9.51 |
| 146 | | | | | | 9.78 | 9.43 |
| 145 | | | | | **10.00** | 9.69 | 9.34 |
| 144 | | | | | 9.95 | 9.61 | 9.26 |
| 143 | | | | | 9.87 | 9.52 | 9.18 |
| 142 | | | | | 9.78 | 9.44 | 9.10 |
| 141 | | | | **10.00** | 9.69 | 9.35 | 9.02 |
| 140 | | | | 9.93 | 9.60 | 9.27 | 8.93 |
| 139 | | | | 9.84 | 9.51 | 9.18 | 8.85 |
| 138 | | | **10.00** | 9.75 | 9.42 | 9.10 | 8.77 |
| 137 | | | 9.98 | 9.65 | 9.33 | 9.01 | 8.69 |
| 136 | | | 9.88 | 9.56 | 9.24 | 8.92 | 8.61 |
| 135 | | | 9.78 | 9.47 | 9.15 | 8.84 | 8.52 |
| 134 | | **10.00** | 9.69 | 9.38 | 9.06 | 8.75 | 8.44 |
| 133 | | 9.90 | 9.59 | 9.28 | 8.98 | 8.67 | 8.36 |
| 132 | | 9.80 | 9.49 | 9.19 | 8.89 | 8.58 | 8.28 |
| 131 | **10.00** | 9.70 | 9.40 | 9.10 | 8.80 | 8.50 | 8.20 |
| 130 | 9.90 | 9.60 | 9.30 | 9.01 | 8.71 | 8.41 | 8.11 |
| 129 | 9.79 | 9.50 | 9.21 | 8.91 | 8.62 | 8.33 | 8.03 |
| 128 | 9.69 | 9.40 | 9.11 | 8.82 | 8.53 | 8.24 | 7.95 |
| 127 | 9.59 | 9.30 | 9.01 | 8.73 | 8.44 | 8.16 | 7.87 |
| 126 | 9.48 | 9.20 | 8.92 | 8.64 | 8.35 | 8.07 | 7.79 |
| 125 | 9.38 | 9.10 | 8.82 | 8.54 | 8.26 | 7.98 | 7.70 |
| 124 | 9.28 | 9.00 | 8.73 | 8.45 | 8.17 | 7.90 | 7.62 |
| 123 | 9.18 | 8.90 | 8.63 | 8.36 | 8.09 | 7.81 | 7.54 |
| 122 | 9.07 | 8.80 | 8.53 | 8.27 | 8.00 | 7.73 | 7.46 |
| 121 | 8.97 | 8.70 | 8.44 | 8.17 | 7.91 | 7.64 | 7.38 |
| 120 | 8.87 | 8.60 | 8.34 | 8.08 | 7.82 | 7.56 | 7.30 |
| 119 | 8.76 | 8.50 | 8.25 | 7.99 | 7.73 | 7.47 | 7.21 |
| 118 | 8.66 | 8.41 | 8.15 | 7.90 | 7.64 | 7.39 | 7.13 |
| 117 | 8.56 | 8.31 | 8.05 | 7.80 | 7.55 | 7.30 | 7.05 |
| 116 | 8.45 | 8.21 | 7.96 | 7.71 | 7.46 | 7.21 | 6.97 |
| 115 | 8.35 | 8.11 | 7.86 | 7.62 | 7.37 | 7.13 | 6.89 |
| 114 | 8.25 | 8.01 | 7.77 | 7.53 | 7.28 | 7.04 | 6.80 |
| 113 | 8.14 | 7.91 | 7.67 | 7.43 | 7.20 | 6.96 | 6.72 |
| 112 | 8.04 | 7.81 | 7.57 | 7.34 | 7.11 | 6.87 | 6.64 |
| 111 | 7.94 | 7.71 | 7.48 | 7.25 | 7.02 | 6.79 | 6.56 |
| 110 | 7.84 | 7.61 | 7.38 | 7.16 | 6.93 | 6.70 | 6.48 |
| 109 | 7.73 | 7.51 | 7.29 | 7.06 | 6.84 | 6.62 | 6.39 |
| 108 | 7.63 | 7.41 | 7.19 | 6.97 | 6.75 | 6.53 | 6.31 |
| 107 | 7.53 | 7.31 | 7.09 | 6.88 | 6.66 | 6.45 | 6.23 |
| 106 | 7.42 | 7.21 | 7.00 | 6.79 | 6.57 | 6.36 | 6.15 |
| 105 | 7.32 | 7.11 | 6.90 | 6.69 | 6.48 | 6.27 | 6.07 |
| 104 | 7.22 | 7.01 | 6.81 | 6.60 | 6.39 | 6.19 | 5.98 |
| 103 | 7.11 | 6.91 | 6.71 | 6.51 | 6.31 | 6.10 | 5.90 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Frauen/Männer
## *dames/hommes*

## Aufgabe 3b / *Tâche 3b*
Moosgummi-Intercross / *anneaux en caoutchouc-Intercross*

Formel: ((F * (d - 34) / 9.7) + (M * (d - 31) / 12.2)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 102 | 7.01 | 6.81 | 6.61 | 6.41 | 6.22 | 6.02 | 5.82 |
| 101 | 6.91 | 6.71 | 6.52 | 6.32 | 6.13 | 5.93 | 5.74 |
| 100 | 6.80 | 6.61 | 6.42 | 6.23 | 6.04 | 5.85 | 5.66 |
| 99 | 6.70 | 6.51 | 6.33 | 6.14 | 5.95 | 5.76 | 5.57 |
| 98 | 6.60 | 6.41 | 6.23 | 6.04 | 5.86 | 5.68 | 5.49 |
| 97 | 6.49 | 6.31 | 6.13 | 5.95 | 5.77 | 5.59 | 5.41 |
| 96 | 6.39 | 6.21 | 6.04 | 5.86 | 5.68 | 5.51 | 5.33 |
| 95 | 6.29 | 6.11 | 5.94 | 5.77 | 5.59 | 5.42 | 5.25 |
| 94 | 6.19 | 6.02 | 5.85 | 5.67 | 5.50 | 5.33 | 5.16 |
| 93 | 6.08 | 5.92 | 5.75 | 5.58 | 5.42 | 5.25 | 5.08 |
| 92 | 5.98 | 5.82 | 5.65 | 5.49 | 5.33 | 5.16 | 5.00 |
| 91 | 5.88 | 5.72 | 5.56 | 5.40 | 5.24 | 5.08 | |
| 90 | 5.77 | 5.62 | 5.46 | 5.30 | 5.15 | | |
| 89 | 5.67 | 5.52 | 5.36 | 5.21 | 5.06 | | |
| 88 | 5.57 | 5.42 | 5.27 | 5.12 | | | |
| 87 | 5.46 | 5.32 | 5.17 | 5.03 | | | |
| 86 | 5.36 | 5.22 | 5.08 | | | | |
| 85 | 5.26 | 5.12 | | | | | |
| 84 | 5.15 | 5.02 | | | | | |
| 83 | 5.05 | | | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 1a / *Tâche 1a*
Fussball-Staffetenstab / *Football-Témoin*

Formel: ((F * (d - 13) / 6.6) + (M * (d - 12) / 7.9)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point*s | Damen<br>*dames* | 3 Ti / 1 Tu<br>3 gf / 1 gm | 2 Ti / 2 Tu<br>2 gf / 2 gm | 1 Ti / 3 Tu<br>1 gf / 3 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|
| 91 | | | | | **10.00** |
| 90 | | | | | 9.87 |
| 89 | | | | | 9.75 |
| 88 | | | | **10.00** | 9.62 |
| 87 | | | | 9.92 | 9.49 |
| 86 | | | | 9.79 | 9.37 |
| 85 | | | **10.00** | 9.66 | 9.24 |
| 84 | | | 9.94 | 9.52 | 9.11 |
| 83 | | | 9.80 | 9.39 | 8.99 |
| 82 | | **10.00** | 9.66 | 9.26 | 8.86 |
| 81 | | 9.91 | 9.52 | 9.13 | 8.73 |
| 80 | | 9.77 | 9.38 | 8.99 | 8.61 |
| 79 | **10.00** | 9.62 | 9.24 | 8.86 | 8.48 |
| 78 | 9.85 | 9.47 | 9.10 | 8.73 | 8.35 |
| 77 | 9.70 | 9.33 | 8.96 | 8.60 | 8.23 |
| 76 | 9.55 | 9.18 | 8.82 | 8.46 | 8.10 |
| 75 | 9.39 | 9.04 | 8.68 | 8.33 | 7.97 |
| 74 | 9.24 | 8.89 | 8.55 | 8.20 | 7.85 |
| 73 | 9.09 | 8.75 | 8.41 | 8.06 | 7.72 |
| 72 | 8.94 | 8.60 | 8.27 | 7.93 | 7.59 |
| 71 | 8.79 | 8.46 | 8.13 | 7.80 | 7.47 |
| 70 | 8.64 | 8.31 | 7.99 | 7.67 | 7.34 |
| 69 | 8.48 | 8.17 | 7.85 | 7.53 | 7.22 |
| 68 | 8.33 | 8.02 | 7.71 | 7.40 | 7.09 |
| 67 | 8.18 | 7.88 | 7.57 | 7.27 | 6.96 |
| 66 | 8.03 | 7.73 | 7.43 | 7.13 | 6.84 |
| 65 | 7.88 | 7.59 | 7.29 | 7.00 | 6.71 |
| 64 | 7.73 | 7.44 | 7.15 | 6.87 | 6.58 |
| 63 | 7.58 | 7.30 | 7.02 | 6.74 | 6.46 |
| 62 | 7.42 | 7.15 | 6.88 | 6.60 | 6.33 |
| 61 | 7.27 | 7.01 | 6.74 | 6.47 | 6.20 |
| 60 | 7.12 | 6.86 | 6.60 | 6.34 | 6.08 |
| 59 | 6.97 | 6.71 | 6.46 | 6.20 | 5.95 |
| 58 | 6.82 | 6.57 | 6.32 | 6.07 | 5.82 |
| 57 | 6.67 | 6.42 | 6.18 | 5.94 | 5.70 |
| 56 | 6.52 | 6.28 | 6.04 | 5.81 | 5.57 |
| 55 | 6.36 | 6.13 | 5.90 | 5.67 | 5.44 |
| 54 | 6.21 | 5.99 | 5.76 | 5.54 | 5.32 |
| 53 | 6.06 | 5.84 | 5.63 | 5.41 | 5.19 |
| 52 | 5.91 | 5.70 | 5.49 | 5.27 | 5.06 |
| 51 | 5.76 | 5.55 | 5.35 | 5.14 | |
| 50 | 5.61 | 5.41 | 5.21 | 5.01 | |
| 49 | 5.45 | 5.26 | 5.07 | | |
| 48 | 5.30 | 5.12 | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 1a / *Tâche 1a*
Fussball-Staffetenstab / *Football-Témoin*

Formel: ((F * (d - 13) / 6.6) + (M * (d - 12) / 7.9)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point*s | Damen<br>*dames* | 3 Ti / 1 Tu<br>3 gf / 1 gm | 2 Ti / 2 Tu<br>2 gf / 2 gm | 1 Ti / 3 Tu<br>1 gf / 3 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|
| 47 | 5.15 | | | | |
| 46 | 5.00 | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 1b / *Tâche 1b*
Reif - Bälle / *Cerceau - Balles*

Formel: ((F * (d + 37) / 16.4) + (M * (d + 31) / 19.9)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 168 | | | | | | | **10.00** |
| 167 | | | | | | | 9.95 |
| 166 | | | | | | | 9.90 |
| 165 | | | | | | | 9.85 |
| 164 | | | | | | | 9.80 |
| 163 | | | | | | | 9.75 |
| 162 | | | | | | | 9.70 |
| 161 | | | | | | | 9.65 |
| 160 | | | | | | **10.00** | 9.60 |
| 159 | | | | | | 9.95 | 9.55 |
| 158 | | | | | | 9.90 | 9.50 |
| 157 | | | | | | 9.84 | 9.45 |
| 156 | | | | | | 9.79 | 9.40 |
| 155 | | | | | | 9.74 | 9.35 |
| 154 | | | | | | 9.69 | 9.30 |
| 153 | | | | | **10.00** | 9.64 | 9.25 |
| 152 | | | | | 9.97 | 9.58 | 9.20 |
| 151 | | | | | 9.92 | 9.53 | 9.15 |
| 150 | | | | | 9.86 | 9.48 | 9.10 |
| 149 | | | | | 9.81 | 9.43 | 9.05 |
| 148 | | | | | 9.76 | 9.38 | 8.99 |
| 147 | | | | | 9.70 | 9.32 | 8.94 |
| 146 | | | | **10.00** | 9.65 | 9.27 | 8.89 |
| 145 | | | | 9.97 | 9.60 | 9.22 | 8.84 |
| 144 | | | | 9.92 | 9.54 | 9.17 | 8.79 |
| 143 | | | | 9.86 | 9.49 | 9.12 | 8.74 |
| 142 | | | | 9.80 | 9.43 | 9.06 | 8.69 |
| 141 | | | | 9.75 | 9.38 | 9.01 | 8.64 |
| 140 | | | | 9.69 | 9.33 | 8.96 | 8.59 |
| 139 | | | **10.00** | 9.64 | 9.27 | 8.91 | 8.54 |
| 138 | | | 9.94 | 9.58 | 9.22 | 8.86 | 8.49 |
| 137 | | | 9.89 | 9.53 | 9.16 | 8.80 | 8.44 |
| 136 | | | 9.83 | 9.47 | 9.11 | 8.75 | 8.39 |
| 135 | | | 9.77 | 9.41 | 9.06 | 8.70 | 8.34 |
| 134 | | | 9.72 | 9.36 | 9.00 | 8.65 | 8.29 |
| 133 | | **10.00** | 9.66 | 9.30 | 8.95 | 8.60 | 8.24 |
| 132 | | 9.95 | 9.60 | 9.25 | 8.90 | 8.54 | 8.19 |
| 131 | | 9.89 | 9.54 | 9.19 | 8.84 | 8.49 | 8.14 |
| 130 | | 9.83 | 9.49 | 9.14 | 8.79 | 8.44 | 8.09 |
| 129 | | 9.77 | 9.43 | 9.08 | 8.73 | 8.39 | 8.04 |
| 128 | | 9.72 | 9.37 | 9.03 | 8.68 | 8.34 | 7.99 |
| 127 | **10.00** | 9.66 | 9.31 | 8.97 | 8.63 | 8.28 | 7.94 |
| 126 | 9.94 | 9.60 | 9.26 | 8.91 | 8.57 | 8.23 | 7.89 |
| 125 | 9.88 | 9.54 | 9.20 | 8.86 | 8.52 | 8.18 | 7.84 |
| 124 | 9.82 | 9.48 | 9.14 | 8.80 | 8.46 | 8.13 | 7.79 |
| 123 | 9.76 | 9.42 | 9.08 | 8.75 | 8.41 | 8.07 | 7.74 |
| 122 | 9.70 | 9.36 | 9.03 | 8.69 | 8.36 | 8.02 | 7.69 |
| 121 | 9.63 | 9.30 | 8.97 | 8.64 | 8.30 | 7.97 | 7.64 |
| 120 | 9.57 | 9.24 | 8.91 | 8.58 | 8.25 | 7.92 | 7.59 |
| 119 | 9.51 | 9.18 | 8.85 | 8.52 | 8.20 | 7.87 | 7.54 |
| 118 | 9.45 | 9.12 | 8.80 | 8.47 | 8.14 | 7.81 | 7.49 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 1b / *Tâche 1b*
Reif - Bälle / *Cerceau - Balles*

Formel: ((F * (d + 37) / 16.4) + (M * (d + 31) / 19.9)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 117 | 9.39 | 9.06 | 8.74 | 8.41 | 8.09 | 7.76 | 7.44 |
| 116 | 9.33 | 9.01 | 8.68 | 8.36 | 8.03 | 7.71 | 7.39 |
| 115 | 9.27 | 8.95 | 8.62 | 8.30 | 7.98 | 7.66 | 7.34 |
| 114 | 9.21 | 8.89 | 8.57 | 8.25 | 7.93 | 7.61 | 7.29 |
| 113 | 9.15 | 8.83 | 8.51 | 8.19 | 7.87 | 7.55 | 7.24 |
| 112 | 9.09 | 8.77 | 8.45 | 8.14 | 7.82 | 7.50 | 7.19 |
| 111 | 9.02 | 8.71 | 8.39 | 8.08 | 7.77 | 7.45 | 7.14 |
| 110 | 8.96 | 8.65 | 8.34 | 8.02 | 7.71 | 7.40 | 7.09 |
| 109 | 8.90 | 8.59 | 8.28 | 7.97 | 7.66 | 7.35 | 7.04 |
| 108 | 8.84 | 8.53 | 8.22 | 7.91 | 7.60 | 7.29 | 6.98 |
| 107 | 8.78 | 8.47 | 8.17 | 7.86 | 7.55 | 7.24 | 6.93 |
| 106 | 8.72 | 8.41 | 8.11 | 7.80 | 7.50 | 7.19 | 6.88 |
| 105 | 8.66 | 8.35 | 8.05 | 7.75 | 7.44 | 7.14 | 6.83 |
| 104 | 8.60 | 8.30 | 7.99 | 7.69 | 7.39 | 7.09 | 6.78 |
| 103 | 8.54 | 8.24 | 7.94 | 7.64 | 7.33 | 7.03 | 6.73 |
| 102 | 8.48 | 8.18 | 7.88 | 7.58 | 7.28 | 6.98 | 6.68 |
| 101 | 8.41 | 8.12 | 7.82 | 7.52 | 7.23 | 6.93 | 6.63 |
| 100 | 8.35 | 8.06 | 7.76 | 7.47 | 7.17 | 6.88 | 6.58 |
| 99 | 8.29 | 8.00 | 7.71 | 7.41 | 7.12 | 6.83 | 6.53 |
| 98 | 8.23 | 7.94 | 7.65 | 7.36 | 7.07 | 6.77 | 6.48 |
| 97 | 8.17 | 7.88 | 7.59 | 7.30 | 7.01 | 6.72 | 6.43 |
| 96 | 8.11 | 7.82 | 7.53 | 7.25 | 6.96 | 6.67 | 6.38 |
| 95 | 8.05 | 7.76 | 7.48 | 7.19 | 6.90 | 6.62 | 6.33 |
| 94 | 7.99 | 7.70 | 7.42 | 7.13 | 6.85 | 6.57 | 6.28 |
| 93 | 7.93 | 7.64 | 7.36 | 7.08 | 6.80 | 6.51 | 6.23 |
| 92 | 7.87 | 7.59 | 7.30 | 7.02 | 6.74 | 6.46 | 6.18 |
| 91 | 7.80 | 7.53 | 7.25 | 6.97 | 6.69 | 6.41 | 6.13 |
| 90 | 7.74 | 7.47 | 7.19 | 6.91 | 6.63 | 6.36 | 6.08 |
| 89 | 7.68 | 7.41 | 7.13 | 6.86 | 6.58 | 6.31 | 6.03 |
| 88 | 7.62 | 7.35 | 7.07 | 6.80 | 6.53 | 6.25 | 5.98 |
| 87 | 7.56 | 7.29 | 7.02 | 6.75 | 6.47 | 6.20 | 5.93 |
| 86 | 7.50 | 7.23 | 6.96 | 6.69 | 6.42 | 6.15 | 5.88 |
| 85 | 7.44 | 7.17 | 6.90 | 6.63 | 6.37 | 6.10 | 5.83 |
| 84 | 7.38 | 7.11 | 6.84 | 6.58 | 6.31 | 6.05 | 5.78 |
| 83 | 7.32 | 7.05 | 6.79 | 6.52 | 6.26 | 5.99 | 5.73 |
| 82 | 7.26 | 6.99 | 6.73 | 6.47 | 6.20 | 5.94 | 5.68 |
| 81 | 7.20 | 6.93 | 6.67 | 6.41 | 6.15 | 5.89 | 5.63 |
| 80 | 7.13 | 6.87 | 6.62 | 6.36 | 6.10 | 5.84 | 5.58 |
| 79 | 7.07 | 6.82 | 6.56 | 6.30 | 6.04 | 5.79 | 5.53 |
| 78 | 7.01 | 6.76 | 6.50 | 6.24 | 5.99 | 5.73 | 5.48 |
| 77 | 6.95 | 6.70 | 6.44 | 6.19 | 5.94 | 5.68 | 5.43 |
| 76 | 6.89 | 6.64 | 6.39 | 6.13 | 5.88 | 5.63 | 5.38 |
| 75 | 6.83 | 6.58 | 6.33 | 6.08 | 5.83 | 5.58 | 5.33 |
| 74 | 6.77 | 6.52 | 6.27 | 6.02 | 5.77 | 5.53 | 5.28 |
| 73 | 6.71 | 6.46 | 6.21 | 5.97 | 5.72 | 5.47 | 5.23 |
| 72 | 6.65 | 6.40 | 6.16 | 5.91 | 5.67 | 5.42 | 5.18 |
| 71 | 6.59 | 6.34 | 6.10 | 5.86 | 5.61 | 5.37 | 5.13 |
| 70 | 6.52 | 6.28 | 6.04 | 5.80 | 5.56 | 5.32 | 5.08 |
| 69 | 6.46 | 6.22 | 5.98 | 5.74 | 5.50 | 5.26 | 5.03 |
| 68 | 6.40 | 6.16 | 5.93 | 5.69 | 5.45 | 5.21 | |
| 67 | 6.34 | 6.11 | 5.87 | 5.63 | 5.40 | 5.16 | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 1b / *Tâche 1b*
Reif - Bälle / *Cerceau - Balles*

Formel: ((F * (d + 37) / 16.4) + (M * (d + 31) / 19.9)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 66 | 6.28 | 6.05 | 5.81 | 5.58 | 5.34 | 5.11 | |
| 65 | 6.22 | 5.99 | 5.75 | 5.52 | 5.29 | 5.06 | |
| 64 | 6.16 | 5.93 | 5.70 | 5.47 | 5.24 | 5.00 | |
| 63 | 6.10 | 5.87 | 5.64 | 5.41 | 5.18 | | |
| 62 | 6.04 | 5.81 | 5.58 | 5.35 | 5.13 | | |
| 61 | 5.98 | 5.75 | 5.52 | 5.30 | 5.07 | | |
| 60 | 5.91 | 5.69 | 5.47 | 5.24 | 5.02 | | |
| 59 | 5.85 | 5.63 | 5.41 | 5.19 | | | |
| 58 | 5.79 | 5.57 | 5.35 | 5.13 | | | |
| 57 | 5.73 | 5.51 | 5.30 | 5.08 | | | |
| 56 | 5.67 | 5.45 | 5.24 | 5.02 | | | |
| 55 | 5.61 | 5.40 | 5.18 | | | | |
| 54 | 5.55 | 5.34 | 5.12 | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 2a / *Tâche 2a*
Brettball - Moosgummiring /
*Planche - Anneaux en caoutchouc*

Formel: ((F * (d - 56) / 11.4) + (M * (d - 37) / 16.7)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point*s | Damen<br>*dames* | 4 Ti / 1 Tu<br>4 gf / 1 gm | 3 Ti / 2 Tu<br>3 gf / 2 gm | 2 Ti / 3 Tu<br>2 gf / 3 gm | 1 Ti / 4 Tu<br>1 gf / 4 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|
| 204 | | | | | | **10.00** |
| 203 | | | | | | 9.94 |
| 202 | | | | | | 9.88 |
| 201 | | | | | | 9.82 |
| 200 | | | | | | 9.76 |
| 199 | | | | | | 9.70 |
| 198 | | | | | | 9.64 |
| 197 | | | | | | 9.58 |
| 196 | | | | | | 9.52 |
| 195 | | | | | **10.00** | 9.46 |
| 194 | | | | | 9.94 | 9.40 |
| 193 | | | | | 9.88 | 9.34 |
| 192 | | | | | 9.81 | 9.28 |
| 191 | | | | | 9.75 | 9.22 |
| 190 | | | | | 9.68 | 9.16 |
| 189 | | | | | 9.61 | 9.10 |
| 188 | | | | **10.00** | 9.55 | 9.04 |
| 187 | | | | 9.99 | 9.48 | 8.98 |
| 186 | | | | 9.91 | 9.42 | 8.92 |
| 185 | | | | 9.84 | 9.35 | 8.86 |
| 184 | | | | 9.77 | 9.29 | 8.80 |
| 183 | | | | 9.70 | 9.22 | 8.74 |
| 182 | | | | 9.63 | 9.16 | 8.68 |
| 181 | | | **10.00** | 9.56 | 9.09 | 8.62 |
| 180 | | | 9.95 | 9.49 | 9.03 | 8.56 |
| 179 | | | 9.87 | 9.42 | 8.96 | 8.50 |
| 178 | | | 9.80 | 9.35 | 8.89 | 8.44 |
| 177 | | | 9.72 | 9.28 | 8.83 | 8.38 |
| 176 | | | 9.65 | 9.20 | 8.76 | 8.32 |
| 175 | | **10.00** | 9.57 | 9.13 | 8.70 | 8.26 |
| 174 | | 9.92 | 9.49 | 9.06 | 8.63 | 8.20 |
| 173 | | 9.84 | 9.42 | 8.99 | 8.57 | 8.14 |
| 172 | | 9.76 | 9.34 | 8.92 | 8.50 | 8.08 |
| 171 | | 9.67 | 9.26 | 8.85 | 8.44 | 8.02 |
| 170 | **10.00** | 9.59 | 9.19 | 8.78 | 8.37 | 7.96 |
| 169 | 9.91 | 9.51 | 9.11 | 8.71 | 8.31 | 7.90 |
| 168 | 9.82 | 9.43 | 9.03 | 8.64 | 8.24 | 7.84 |
| 167 | 9.74 | 9.35 | 8.96 | 8.57 | 8.17 | 7.78 |
| 166 | 9.65 | 9.26 | 8.88 | 8.49 | 8.11 | 7.72 |
| 165 | 9.56 | 9.18 | 8.80 | 8.42 | 8.04 | 7.66 |
| 164 | 9.47 | 9.10 | 8.73 | 8.35 | 7.98 | 7.60 |
| 163 | 9.39 | 9.02 | 8.65 | 8.28 | 7.91 | 7.54 |
| 162 | 9.30 | 8.94 | 8.57 | 8.21 | 7.85 | 7.49 |
| 161 | 9.21 | 8.85 | 8.50 | 8.14 | 7.78 | 7.43 |
| 160 | 9.12 | 8.77 | 8.42 | 8.07 | 7.72 | 7.37 |
| 159 | 9.04 | 8.69 | 8.34 | 8.00 | 7.65 | 7.31 |
| 158 | 8.95 | 8.61 | 8.27 | 7.93 | 7.59 | 7.25 |
| 157 | 8.86 | 8.52 | 8.19 | 7.86 | 7.52 | 7.19 |
| 156 | 8.77 | 8.44 | 8.11 | 7.78 | 7.45 | 7.13 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 2a / *Tâche 2a*
Brettball - Moosgummiring /
*Planche – Anneaux en caoutchouc*

Formel: ((F * (d - 56) / 11.4) + (M * (d - 37) / 16.7)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point*s | Damen<br>*dames* | 4 Ti / 1 Tu<br>4 gf / 1 gm | 3 Ti / 2 Tu<br>3 gf / 2 gm | 2 Ti / 3 Tu<br>2 gf / 3 gm | 1 Ti / 4 Tu<br>1 gf / 4 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|
| 155 | 8.68 | 8.36 | 8.04 | 7.71 | 7.39 | 7.07 |
| 154 | 8.60 | 8.28 | 7.96 | 7.64 | 7.32 | 7.01 |
| 153 | 8.51 | 8.20 | 7.88 | 7.57 | 7.26 | 6.95 |
| 152 | 8.42 | 8.11 | 7.81 | 7.50 | 7.19 | 6.89 |
| 151 | 8.33 | 8.03 | 7.73 | 7.43 | 7.13 | 6.83 |
| 150 | 8.25 | 7.95 | 7.65 | 7.36 | 7.06 | 6.77 |
| 149 | 8.16 | 7.87 | 7.58 | 7.29 | 7.00 | 6.71 |
| 148 | 8.07 | 7.79 | 7.50 | 7.22 | 6.93 | 6.65 |
| 147 | 7.98 | 7.70 | 7.42 | 7.15 | 6.87 | 6.59 |
| 146 | 7.89 | 7.62 | 7.35 | 7.07 | 6.80 | 6.53 |
| 145 | 7.81 | 7.54 | 7.27 | 7.00 | 6.74 | 6.47 |
| 144 | 7.72 | 7.46 | 7.19 | 6.93 | 6.67 | 6.41 |
| 143 | 7.63 | 7.37 | 7.12 | 6.86 | 6.60 | 6.35 |
| 142 | 7.54 | 7.29 | 7.04 | 6.79 | 6.54 | 6.29 |
| 141 | 7.46 | 7.21 | 6.96 | 6.72 | 6.47 | 6.23 |
| 140 | 7.37 | 7.13 | 6.89 | 6.65 | 6.41 | 6.17 |
| 139 | 7.28 | 7.05 | 6.81 | 6.58 | 6.34 | 6.11 |
| 138 | 7.19 | 6.96 | 6.73 | 6.51 | 6.28 | 6.05 |
| 137 | 7.11 | 6.88 | 6.66 | 6.43 | 6.21 | 5.99 |
| 136 | 7.02 | 6.80 | 6.58 | 6.36 | 6.15 | 5.93 |
| 135 | 6.93 | 6.72 | 6.51 | 6.29 | 6.08 | 5.87 |
| 134 | 6.84 | 6.64 | 6.43 | 6.22 | 6.02 | 5.81 |
| 133 | 6.75 | 6.55 | 6.35 | 6.15 | 5.95 | 5.75 |
| 132 | 6.67 | 6.47 | 6.28 | 6.08 | 5.88 | 5.69 |
| 131 | 6.58 | 6.39 | 6.20 | 6.01 | 5.82 | 5.63 |
| 130 | 6.49 | 6.31 | 6.12 | 5.94 | 5.75 | 5.57 |
| 129 | 6.40 | 6.22 | 6.05 | 5.87 | 5.69 | 5.51 |
| 128 | 6.32 | 6.14 | 5.97 | 5.80 | 5.62 | 5.45 |
| 127 | 6.23 | 6.06 | 5.89 | 5.72 | 5.56 | 5.39 |
| 126 | 6.14 | 5.98 | 5.82 | 5.65 | 5.49 | 5.33 |
| 125 | 6.05 | 5.90 | 5.74 | 5.58 | 5.43 | 5.27 |
| 124 | 5.96 | 5.81 | 5.66 | 5.51 | 5.36 | 5.21 |
| 123 | 5.88 | 5.73 | 5.59 | 5.44 | 5.30 | 5.15 |
| 122 | 5.79 | 5.65 | 5.51 | 5.37 | 5.23 | 5.09 |
| 121 | 5.70 | 5.57 | 5.43 | 5.30 | 5.16 | 5.03 |
| 120 | 5.61 | 5.49 | 5.36 | 5.23 | 5.10 | |
| 119 | 5.53 | 5.40 | 5.28 | 5.16 | 5.03 | |
| 118 | 5.44 | 5.32 | 5.20 | 5.09 | | |
| 117 | 5.35 | 5.24 | 5.13 | 5.01 | | |
| 116 | 5.26 | 5.16 | 5.05 | | | |
| 115 | 5.18 | 5.07 | | | | |
| 114 | 5.09 | | | | | |
| 113 | 5.00 | | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 2b / *Tâche 2b*
8er-Ball / *8 ballons*

Formel: ((F * (d + 2) / 12) + (M * (d + 43) / 20)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 157 | | | | | | | **10.00** |
| 156 | | | | | | | 9.95 |
| 155 | | | | | | | 9.90 |
| 154 | | | | | | | 9.85 |
| 153 | | | | | | | 9.80 |
| 152 | | | | | | | 9.75 |
| 151 | | | | | | | 9.70 |
| 150 | | | | | | | 9.65 |
| 149 | | | | | | | 9.60 |
| 148 | | | | | | **10.00** | 9.55 |
| 147 | | | | | | 9.99 | 9.50 |
| 146 | | | | | | 9.93 | 9.45 |
| 145 | | | | | | 9.88 | 9.40 |
| 144 | | | | | | 9.82 | 9.35 |
| 143 | | | | | | 9.76 | 9.30 |
| 142 | | | | | | 9.71 | 9.25 |
| 141 | | | | | | 9.65 | 9.20 |
| 140 | | | | | **10.00** | 9.60 | 9.15 |
| 139 | | | | | 9.98 | 9.54 | 9.10 |
| 138 | | | | | 9.92 | 9.49 | 9.05 |
| 137 | | | | | 9.86 | 9.43 | 9.00 |
| 136 | | | | | 9.80 | 9.38 | 8.95 |
| 135 | | | | | 9.74 | 9.32 | 8.90 |
| 134 | | | | | 9.68 | 9.26 | 8.85 |
| 133 | | | | **10.00** | 9.62 | 9.21 | 8.80 |
| 132 | | | | 9.96 | 9.56 | 9.15 | 8.75 |
| 131 | | | | 9.89 | 9.49 | 9.10 | 8.70 |
| 130 | | | | 9.83 | 9.43 | 9.04 | 8.65 |
| 129 | | | | 9.76 | 9.37 | 8.99 | 8.60 |
| 128 | | | | 9.69 | 9.31 | 8.93 | 8.55 |
| 127 | | | **10.00** | 9.63 | 9.25 | 8.88 | 8.50 |
| 126 | | | 9.93 | 9.56 | 9.19 | 8.82 | 8.45 |
| 125 | | | 9.86 | 9.49 | 9.13 | 8.76 | 8.40 |
| 124 | | | 9.78 | 9.43 | 9.07 | 8.71 | 8.35 |
| 123 | | **10.00** | 9.71 | 9.36 | 9.01 | 8.65 | 8.30 |
| 122 | | 9.99 | 9.64 | 9.29 | 8.94 | 8.60 | 8.25 |
| 121 | | 9.91 | 9.57 | 9.23 | 8.88 | 8.54 | 8.20 |
| 120 | | 9.83 | 9.49 | 9.16 | 8.82 | 8.49 | 8.15 |
| 119 | | 9.75 | 9.42 | 9.09 | 8.76 | 8.43 | 8.10 |
| 118 | **10.00** | 9.68 | 9.35 | 9.03 | 8.70 | 8.38 | 8.05 |
| 117 | 9.92 | 9.60 | 9.28 | 8.96 | 8.64 | 8.32 | 8.00 |
| 116 | 9.83 | 9.52 | 9.21 | 8.89 | 8.58 | 8.26 | 7.95 |
| 115 | 9.75 | 9.44 | 9.13 | 8.83 | 8.52 | 8.21 | 7.90 |
| 114 | 9.67 | 9.36 | 9.06 | 8.76 | 8.46 | 8.15 | 7.85 |
| 113 | 9.58 | 9.29 | 8.99 | 8.69 | 8.39 | 8.10 | 7.80 |
| 112 | 9.50 | 9.21 | 8.92 | 8.63 | 8.33 | 8.04 | 7.75 |
| 111 | 9.42 | 9.13 | 8.84 | 8.56 | 8.27 | 7.99 | 7.70 |
| 110 | 9.33 | 9.05 | 8.77 | 8.49 | 8.21 | 7.93 | 7.65 |
| 109 | 9.25 | 8.98 | 8.70 | 8.43 | 8.15 | 7.88 | 7.60 |
| 108 | 9.17 | 8.90 | 8.63 | 8.36 | 8.09 | 7.82 | 7.55 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 2b / *Tâche 2b*
8er-Ball / *8 ballons*

Formel: ((F * (d + 2) / 12) + (M * (d + 43) / 20)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 107 | 9.08 | 8.82 | 8.56 | 8.29 | 8.03 | 7.76 | 7.50 |
| 106 | 9.00 | 8.74 | 8.48 | 8.23 | 7.97 | 7.71 | 7.45 |
| 105 | 8.92 | 8.66 | 8.41 | 8.16 | 7.91 | 7.65 | 7.40 |
| 104 | 8.83 | 8.59 | 8.34 | 8.09 | 7.84 | 7.60 | 7.35 |
| 103 | 8.75 | 8.51 | 8.27 | 8.03 | 7.78 | 7.54 | 7.30 |
| 102 | 8.67 | 8.43 | 8.19 | 7.96 | 7.72 | 7.49 | 7.25 |
| 101 | 8.58 | 8.35 | 8.12 | 7.89 | 7.66 | 7.43 | 7.20 |
| 100 | 8.50 | 8.28 | 8.05 | 7.83 | 7.60 | 7.38 | 7.15 |
| 99 | 8.42 | 8.20 | 7.98 | 7.76 | 7.54 | 7.32 | 7.10 |
| 98 | 8.33 | 8.12 | 7.91 | 7.69 | 7.48 | 7.26 | 7.05 |
| 97 | 8.25 | 8.04 | 7.83 | 7.63 | 7.42 | 7.21 | 7.00 |
| 96 | 8.17 | 7.96 | 7.76 | 7.56 | 7.36 | 7.15 | 6.95 |
| 95 | 8.08 | 7.89 | 7.69 | 7.49 | 7.29 | 7.10 | 6.90 |
| 94 | 8.00 | 7.81 | 7.62 | 7.43 | 7.23 | 7.04 | 6.85 |
| 93 | 7.92 | 7.73 | 7.54 | 7.36 | 7.17 | 6.99 | 6.80 |
| 92 | 7.83 | 7.65 | 7.47 | 7.29 | 7.11 | 6.93 | 6.75 |
| 91 | 7.75 | 7.58 | 7.40 | 7.23 | 7.05 | 6.88 | 6.70 |
| 90 | 7.67 | 7.50 | 7.33 | 7.16 | 6.99 | 6.82 | 6.65 |
| 89 | 7.58 | 7.42 | 7.26 | 7.09 | 6.93 | 6.76 | 6.60 |
| 88 | 7.50 | 7.34 | 7.18 | 7.03 | 6.87 | 6.71 | 6.55 |
| 87 | 7.42 | 7.26 | 7.11 | 6.96 | 6.81 | 6.65 | 6.50 |
| 86 | 7.33 | 7.19 | 7.04 | 6.89 | 6.74 | 6.60 | 6.45 |
| 85 | 7.25 | 7.11 | 6.97 | 6.83 | 6.68 | 6.54 | 6.40 |
| 84 | 7.17 | 7.03 | 6.89 | 6.76 | 6.62 | 6.49 | 6.35 |
| 83 | 7.08 | 6.95 | 6.82 | 6.69 | 6.56 | 6.43 | 6.30 |
| 82 | 7.00 | 6.88 | 6.75 | 6.63 | 6.50 | 6.38 | 6.25 |
| 81 | 6.92 | 6.80 | 6.68 | 6.56 | 6.44 | 6.32 | 6.20 |
| 80 | 6.83 | 6.72 | 6.61 | 6.49 | 6.38 | 6.26 | 6.15 |
| 79 | 6.75 | 6.64 | 6.53 | 6.43 | 6.32 | 6.21 | 6.10 |
| 78 | 6.67 | 6.56 | 6.46 | 6.36 | 6.26 | 6.15 | 6.05 |
| 77 | 6.58 | 6.49 | 6.39 | 6.29 | 6.19 | 6.10 | 6.00 |
| 76 | 6.50 | 6.41 | 6.32 | 6.23 | 6.13 | 6.04 | 5.95 |
| 75 | 6.42 | 6.33 | 6.24 | 6.16 | 6.07 | 5.99 | 5.90 |
| 74 | 6.33 | 6.25 | 6.17 | 6.09 | 6.01 | 5.93 | 5.85 |
| 73 | 6.25 | 6.18 | 6.10 | 6.03 | 5.95 | 5.88 | 5.80 |
| 72 | 6.17 | 6.10 | 6.03 | 5.96 | 5.89 | 5.82 | 5.75 |
| 71 | 6.08 | 6.02 | 5.96 | 5.89 | 5.83 | 5.76 | 5.70 |
| 70 | 6.00 | 5.94 | 5.88 | 5.83 | 5.77 | 5.71 | 5.65 |
| 69 | 5.92 | 5.86 | 5.81 | 5.76 | 5.71 | 5.65 | 5.60 |
| 68 | 5.83 | 5.79 | 5.74 | 5.69 | 5.64 | 5.60 | 5.55 |
| 67 | 5.75 | 5.71 | 5.67 | 5.63 | 5.58 | 5.54 | 5.50 |
| 66 | 5.67 | 5.63 | 5.59 | 5.56 | 5.52 | 5.49 | 5.45 |
| 65 | 5.58 | 5.55 | 5.52 | 5.49 | 5.46 | 5.43 | 5.40 |
| 64 | 5.50 | 5.48 | 5.45 | 5.43 | 5.40 | 5.38 | 5.35 |
| 63 | 5.42 | 5.40 | 5.38 | 5.36 | 5.34 | 5.32 | 5.30 |
| 62 | 5.33 | 5.32 | 5.31 | 5.29 | 5.28 | 5.26 | 5.25 |
| 61 | 5.25 | 5.24 | 5.23 | 5.23 | 5.22 | 5.21 | 5.20 |
| 60 | 5.17 | 5.16 | 5.16 | 5.16 | 5.16 | 5.15 | 5.15 |
| 59 | 5.08 | 5.09 | 5.09 | 5.09 | 5.09 | 5.10 | 5.10 |
| 58 | 5.00 | 5.01 | 5.02 | 5.03 | 5.03 | 5.04 | 5.05 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 2b / *Tâche 2b*
8er-Ball */ 8 ballons*

Formel: ((F * (d + 2) / 12) + (M * (d + 43) / 20)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 57 | | | | | | | 5.00 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 3a / *Tâche 3a*
Street Racket

Formel: ((F * (d - 48) / 9.8) + (M * (d - 31) / 14.4)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 175 | | | | | | | **10.00** |
| 174 | | | | | | | 9.93 |
| 173 | | | | | | | 9.86 |
| 172 | | | | | | | 9.79 |
| 171 | | | | | | | 9.72 |
| 170 | | | | | | | 9.65 |
| 169 | | | | | | **10.00** | 9.58 |
| 168 | | | | | | 9.97 | 9.51 |
| 167 | | | | | | 9.89 | 9.44 |
| 166 | | | | | | 9.82 | 9.38 |
| 165 | | | | | | 9.74 | 9.31 |
| 164 | | | | | | 9.67 | 9.24 |
| 163 | | | | | **10.00** | 9.59 | 9.17 |
| 162 | | | | | 9.94 | 9.52 | 9.10 |
| 161 | | | | | 9.86 | 9.44 | 9.03 |
| 160 | | | | | 9.78 | 9.37 | 8.96 |
| 159 | | | | | 9.70 | 9.30 | 8.89 |
| 158 | | | | **10.00** | 9.62 | 9.22 | 8.82 |
| 157 | | | | 9.94 | 9.54 | 9.15 | 8.75 |
| 156 | | | | 9.85 | 9.46 | 9.07 | 8.68 |
| 155 | | | | 9.76 | 9.38 | 9.00 | 8.61 |
| 154 | | | **10.00** | 9.68 | 9.30 | 8.92 | 8.54 |
| 153 | | | 9.97 | 9.59 | 9.22 | 8.85 | 8.47 |
| 152 | | | 9.88 | 9.51 | 9.14 | 8.77 | 8.40 |
| 151 | | 10.00 | 9.78 | 9.42 | 9.06 | 8.70 | 8.33 |
| 150 | | **10.00** | 9.69 | 9.34 | 8.98 | 8.62 | 8.26 |
| 149 | | 9.95 | 9.60 | 9.25 | 8.90 | 8.55 | 8.19 |
| 148 | | 9.86 | 9.51 | 9.16 | 8.82 | 8.47 | 8.13 |
| 147 | | 9.76 | 9.42 | 9.08 | 8.74 | 8.40 | 8.06 |
| 146 | **10.00** | 9.66 | 9.33 | 8.99 | 8.66 | 8.32 | 7.99 |
| 145 | 9.90 | 9.57 | 9.24 | 8.91 | 8.58 | 8.25 | 7.92 |
| 144 | 9.80 | 9.47 | 9.15 | 8.82 | 8.50 | 8.17 | 7.85 |
| 143 | 9.69 | 9.37 | 9.06 | 8.74 | 8.42 | 8.10 | 7.78 |
| 142 | 9.59 | 9.28 | 8.96 | 8.65 | 8.34 | 8.02 | 7.71 |
| 141 | 9.49 | 9.18 | 8.87 | 8.56 | 8.26 | 7.95 | 7.64 |
| 140 | 9.39 | 9.08 | 8.78 | 8.48 | 8.18 | 7.87 | 7.57 |
| 139 | 9.29 | 8.99 | 8.69 | 8.39 | 8.10 | 7.80 | 7.50 |
| 138 | 9.18 | 8.89 | 8.60 | 8.31 | 8.01 | 7.72 | 7.43 |
| 137 | 9.08 | 8.79 | 8.51 | 8.22 | 7.93 | 7.65 | 7.36 |
| 136 | 8.98 | 8.70 | 8.42 | 8.14 | 7.85 | 7.57 | 7.29 |
| 135 | 8.88 | 8.60 | 8.33 | 8.05 | 7.77 | 7.50 | 7.22 |
| 134 | 8.78 | 8.51 | 8.23 | 7.96 | 7.69 | 7.42 | 7.15 |
| 133 | 8.67 | 8.41 | 8.14 | 7.88 | 7.61 | 7.35 | 7.08 |
| 132 | 8.57 | 8.31 | 8.05 | 7.79 | 7.53 | 7.27 | 7.01 |
| 131 | 8.47 | 8.22 | 7.96 | 7.71 | 7.45 | 7.20 | 6.94 |
| 130 | 8.37 | 8.12 | 7.87 | 7.62 | 7.37 | 7.12 | 6.88 |
| 129 | 8.27 | 8.02 | 7.78 | 7.54 | 7.29 | 7.05 | 6.81 |
| 128 | 8.16 | 7.93 | 7.69 | 7.45 | 7.21 | 6.97 | 6.74 |
| 127 | 8.06 | 7.83 | 7.60 | 7.36 | 7.13 | 6.90 | 6.67 |
| 126 | 7.96 | 7.73 | 7.51 | 7.28 | 7.05 | 6.82 | 6.60 |
| 125 | 7.86 | 7.64 | 7.41 | 7.19 | 6.97 | 6.75 | 6.53 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
## *dames seniors/hommes seniors*

## Aufgabe 3a / *Tâche 3a*
Street Racket

Formel: ((F * (d - 48) / 9.8) + (M * (d - 31) / 14.4)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Points* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 124 | 7.76 | 7.54 | 7.32 | 7.11 | 6.89 | 6.67 | 6.46 |
| 123 | 7.65 | 7.44 | 7.23 | 7.02 | 6.81 | 6.60 | 6.39 |
| 122 | 7.55 | 7.35 | 7.14 | 6.94 | 6.73 | 6.52 | 6.32 |
| 121 | 7.45 | 7.25 | 7.05 | 6.85 | 6.65 | 6.45 | 6.25 |
| 120 | 7.35 | 7.15 | 6.96 | 6.76 | 6.57 | 6.37 | 6.18 |
| 119 | 7.24 | 7.06 | 6.87 | 6.68 | 6.49 | 6.30 | 6.11 |
| 118 | 7.14 | 6.96 | 6.78 | 6.59 | 6.41 | 6.23 | 6.04 |
| 117 | 7.04 | 6.86 | 6.68 | 6.51 | 6.33 | 6.15 | 5.97 |
| 116 | 6.94 | 6.77 | 6.59 | 6.42 | 6.25 | 6.08 | 5.90 |
| 115 | 6.84 | 6.67 | 6.50 | 6.34 | 6.17 | 6.00 | 5.83 |
| 114 | 6.73 | 6.57 | 6.41 | 6.25 | 6.09 | 5.93 | 5.76 |
| 113 | 6.63 | 6.48 | 6.32 | 6.16 | 6.01 | 5.85 | 5.69 |
| 112 | 6.53 | 6.38 | 6.23 | 6.08 | 5.93 | 5.78 | 5.63 |
| 111 | 6.43 | 6.28 | 6.14 | 5.99 | 5.85 | 5.70 | 5.56 |
| 110 | 6.33 | 6.19 | 6.05 | 5.91 | 5.77 | 5.63 | 5.49 |
| 109 | 6.22 | 6.09 | 5.96 | 5.82 | 5.69 | 5.55 | 5.42 |
| 108 | 6.12 | 5.99 | 5.86 | 5.73 | 5.61 | 5.48 | 5.35 |
| 107 | 6.02 | 5.90 | 5.77 | 5.65 | 5.53 | 5.40 | 5.28 |
| 106 | 5.92 | 5.80 | 5.68 | 5.56 | 5.45 | 5.33 | 5.21 |
| 105 | 5.82 | 5.70 | 5.59 | 5.48 | 5.36 | 5.25 | 5.14 |
| 104 | 5.71 | 5.61 | 5.50 | 5.39 | 5.28 | 5.18 | 5.07 |
| 103 | 5.61 | 5.51 | 5.41 | 5.31 | 5.20 | 5.10 | 5.00 |
| 102 | 5.51 | 5.41 | 5.32 | 5.22 | 5.12 | 5.03 | |
| 101 | 5.41 | 5.32 | 5.23 | 5.13 | 5.04 | | |
| 100 | 5.31 | 5.22 | 5.13 | 5.05 | | | |
| 99 | 5.20 | 5.12 | 5.04 | | | | |
| 98 | 5.10 | 5.03 | | | | | |
| 97 | 5.00 | | | | | | |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
***dames seniors/hommes seniors***

## Aufgabe 3b / *Tâche 3b*
Moosgummi-Intercross / *anneaux en caoutchouc-Intercross*

Formel: ((F * (d - 2) / 12.1) + (M * (d + 8) / 14.8)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 140 | | | | | | | **10.00** |
| 139 | | | | | | | 9.93 |
| 138 | | | | | | | 9.86 |
| 137 | | | | | | **10.00** | 9.80 |
| 136 | | | | | | 9.95 | 9.73 |
| 135 | | | | | | 9.88 | 9.66 |
| 134 | | | | | **10.00** | 9.81 | 9.59 |
| 133 | | | | | 9.96 | 9.74 | 9.53 |
| 132 | | | | | 9.89 | 9.67 | 9.46 |
| 131 | | | | **10.00** | 9.81 | 9.60 | 9.39 |
| 130 | | | | 9.95 | 9.74 | 9.53 | 9.32 |
| 129 | | | | 9.88 | 9.67 | 9.46 | 9.26 |
| 128 | | | **10.00** | 9.80 | 9.60 | 9.39 | 9.19 |
| 127 | | | 9.93 | 9.73 | 9.52 | 9.32 | 9.12 |
| 126 | | **10.00** | 9.85 | 9.65 | 9.45 | 9.25 | 9.05 |
| 125 | | 9.97 | 9.77 | 9.58 | 9.38 | 9.18 | 8.99 |
| 124 | | 9.89 | 9.69 | 9.50 | 9.31 | 9.11 | 8.92 |
| 123 | **10.00** | 9.81 | 9.62 | 9.43 | 9.23 | 9.04 | 8.85 |
| 122 | 9.92 | 9.73 | 9.54 | 9.35 | 9.16 | 8.97 | 8.78 |
| 121 | 9.83 | 9.65 | 9.46 | 9.28 | 9.09 | 8.90 | 8.72 |
| 120 | 9.75 | 9.57 | 9.38 | 9.20 | 9.02 | 8.83 | 8.65 |
| 119 | 9.67 | 9.49 | 9.31 | 9.13 | 8.94 | 8.76 | 8.58 |
| 118 | 9.59 | 9.41 | 9.23 | 9.05 | 8.87 | 8.69 | 8.51 |
| 117 | 9.50 | 9.33 | 9.15 | 8.98 | 8.80 | 8.62 | 8.45 |
| 116 | 9.42 | 9.25 | 9.07 | 8.90 | 8.73 | 8.55 | 8.38 |
| 115 | 9.34 | 9.17 | 9.00 | 8.82 | 8.65 | 8.48 | 8.31 |
| 114 | 9.26 | 9.09 | 8.92 | 8.75 | 8.58 | 8.41 | 8.24 |
| 113 | 9.17 | 9.01 | 8.84 | 8.67 | 8.51 | 8.34 | 8.18 |
| 112 | 9.09 | 8.93 | 8.76 | 8.60 | 8.44 | 8.27 | 8.11 |
| 111 | 9.01 | 8.85 | 8.69 | 8.52 | 8.36 | 8.20 | 8.04 |
| 110 | 8.93 | 8.77 | 8.61 | 8.45 | 8.29 | 8.13 | 7.97 |
| 109 | 8.84 | 8.69 | 8.53 | 8.37 | 8.22 | 8.06 | 7.91 |
| 108 | 8.76 | 8.61 | 8.45 | 8.30 | 8.15 | 7.99 | 7.84 |
| 107 | 8.68 | 8.53 | 8.38 | 8.22 | 8.07 | 7.92 | 7.77 |
| 106 | 8.60 | 8.45 | 8.30 | 8.15 | 8.00 | 7.85 | 7.70 |
| 105 | 8.51 | 8.37 | 8.22 | 8.07 | 7.93 | 7.78 | 7.64 |
| 104 | 8.43 | 8.29 | 8.14 | 8.00 | 7.85 | 7.71 | 7.57 |
| 103 | 8.35 | 8.21 | 8.06 | 7.92 | 7.78 | 7.64 | 7.50 |
| 102 | 8.26 | 8.13 | 7.99 | 7.85 | 7.71 | 7.57 | 7.43 |
| 101 | 8.18 | 8.05 | 7.91 | 7.77 | 7.64 | 7.50 | 7.36 |
| 100 | 8.10 | 7.97 | 7.83 | 7.70 | 7.56 | 7.43 | 7.30 |
| 99 | 8.02 | 7.89 | 7.75 | 7.62 | 7.49 | 7.36 | 7.23 |
| 98 | 7.93 | 7.81 | 7.68 | 7.55 | 7.42 | 7.29 | 7.16 |
| 97 | 7.85 | 7.73 | 7.60 | 7.47 | 7.35 | 7.22 | 7.09 |
| 96 | 7.77 | 7.65 | 7.52 | 7.40 | 7.27 | 7.15 | 7.03 |
| 95 | 7.69 | 7.56 | 7.44 | 7.32 | 7.20 | 7.08 | 6.96 |
| 94 | 7.60 | 7.48 | 7.37 | 7.25 | 7.13 | 7.01 | 6.89 |
| 93 | 7.52 | 7.40 | 7.29 | 7.17 | 7.06 | 6.94 | 6.82 |
| 92 | 7.44 | 7.32 | 7.21 | 7.10 | 6.98 | 6.87 | 6.76 |
| 91 | 7.36 | 7.24 | 7.13 | 7.02 | 6.91 | 6.80 | 6.69 |
| 90 | 7.27 | 7.16 | 7.06 | 6.95 | 6.84 | 6.73 | 6.62 |
| 89 | 7.19 | 7.08 | 6.98 | 6.87 | 6.77 | 6.66 | 6.55 |
| 88 | 7.11 | 7.00 | 6.90 | 6.80 | 6.69 | 6.59 | 6.49 |
| 87 | 7.02 | 6.92 | 6.82 | 6.72 | 6.62 | 6.52 | 6.42 |
| 86 | 6.94 | 6.84 | 6.75 | 6.65 | 6.55 | 6.45 | 6.35 |
| 85 | 6.86 | 6.76 | 6.67 | 6.57 | 6.48 | 6.38 | 6.28 |
| 84 | 6.78 | 6.68 | 6.59 | 6.50 | 6.40 | 6.31 | 6.22 |
| 83 | 6.69 | 6.60 | 6.51 | 6.42 | 6.33 | 6.24 | 6.15 |

# Wertung Fit + Fun 2026
# *Barème teste Fit + Fun 2026*

## Seniorinnen/Senioren
***dames seniors/hommes seniors***

## Aufgabe 3b / *Tâche 3b*
Moosgummi-Intercross / *anneaux en caoutchouc-Intercross*

Formel: ((F * (d - 2) / 12.1) + (M * (d + 8) / 14.8)) / (F + M)

Die jeweils errechneten Noten werden nach dem Komma immer auf zwei Stellen gerundet.
*Les notes sont arrondies à deux positions après la virgule.*

| Punkte<br>*Point* | Damen<br>*dames* | 5 Ti / 1 Tu<br>5 gf / 1 gm | 4 Ti / 2 Tu<br>4 gf / 2 gm | 3 Ti / 3 Tu<br>3 gf / 3 gm | 2 Ti / 4 Tu<br>2 gf / 4 gm | 1 Ti / 5 Tu<br>1 gf / 5 gm | Herren<br>*hommes* |
|---|---|---|---|---|---|---|---|
| 82 | 6.61 | 6.52 | 6.43 | 6.35 | 6.26 | 6.17 | 6.08 |
| 81 | 6.53 | 6.44 | 6.36 | 6.27 | 6.19 | 6.10 | 6.01 |
| 80 | 6.45 | 6.36 | 6.28 | 6.20 | 6.11 | 6.03 | 5.95 |
| 79 | 6.36 | 6.28 | 6.20 | 6.12 | 6.04 | 5.96 | 5.88 |
| 78 | 6.28 | 6.20 | 6.12 | 6.05 | 5.97 | 5.89 | 5.81 |
| 77 | 6.20 | 6.12 | 6.05 | 5.97 | 5.89 | 5.82 | 5.74 |
| 76 | 6.12 | 6.04 | 5.97 | 5.90 | 5.82 | 5.75 | 5.68 |
| 75 | 6.03 | 5.96 | 5.89 | 5.82 | 5.75 | 5.68 | 5.61 |
| 74 | 5.95 | 5.88 | 5.81 | 5.75 | 5.68 | 5.61 | 5.54 |
| 73 | 5.87 | 5.80 | 5.74 | 5.67 | 5.60 | 5.54 | 5.47 |
| 72 | 5.79 | 5.72 | 5.66 | 5.60 | 5.53 | 5.47 | 5.41 |
| 71 | 5.70 | 5.64 | 5.58 | 5.52 | 5.46 | 5.40 | 5.34 |
| 70 | 5.62 | 5.56 | 5.50 | 5.45 | 5.39 | 5.33 | 5.27 |
| 69 | 5.54 | 5.48 | 5.43 | 5.37 | 5.31 | 5.26 | 5.20 |
| 68 | 5.45 | 5.40 | 5.35 | 5.29 | 5.24 | 5.19 | 5.14 |
| 67 | 5.37 | 5.32 | 5.27 | 5.22 | 5.17 | 5.12 | 5.07 |
| 66 | 5.29 | 5.24 | 5.19 | 5.14 | 5.10 | 5.05 | 5.00 |
| 65 | 5.21 | 5.16 | 5.12 | 5.07 | 5.02 | | |
| 64 | 5.12 | 5.08 | 5.04 | | | | |
| 63 | 5.04 | 5.00 | | | | | |